

# Advancing Health IT Alignment Across HCBS Funded Medicaid Programs

Tim Cortez, CO Shawn Terrell, ACL Arun Natarajan, ONC Damon Terzaghi, NASUAD



### What we are going to cover today?



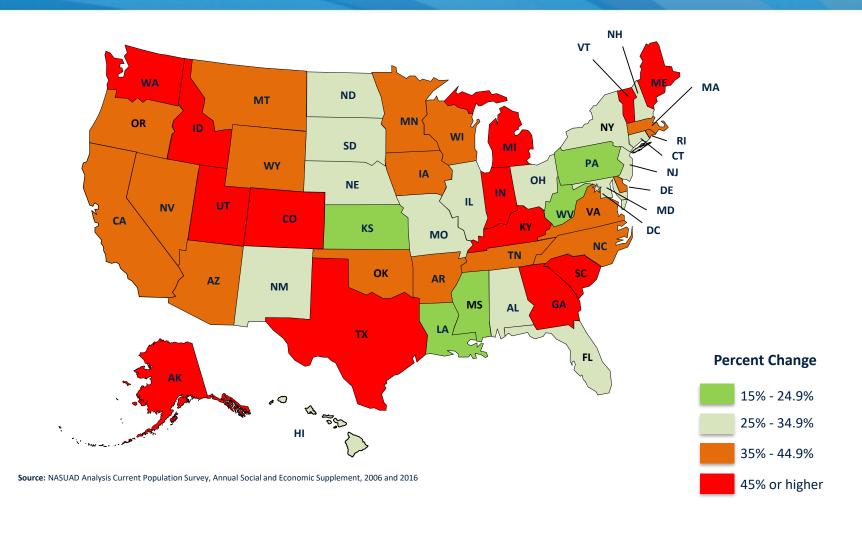
- Introductions
- Starting with the Beneficiary
- Inter-relatedness of health care and human services inter-relate
- Long Term Services and Supports
- HCBS and LTSS
- The HCBS health IT toolkit
- State examples

#### **NASUAD Overview**



- National Association that represents state agencies
  - 56 members (50 states, DC, 5 territories)
  - Each state has one or more designated member
- State members have somewhat different roles and responsibilities due to variances in state structure, but largely fall into two buckets:
  - State agency overseeing the Older Americans Act
  - Administrator of Medicaid LTSS
- A list of members is available online at: <a href="http://nasuad.org/about-nasuad/about-state-agencies/list-members">http://nasuad.org/about-nasuad/about-state-agencies/list-members</a>

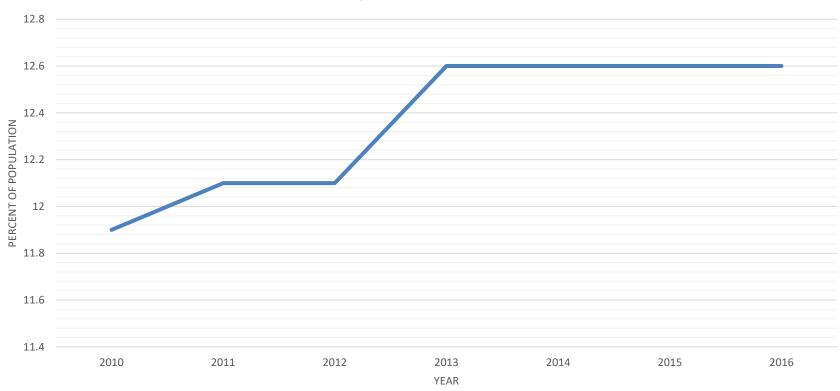
### Percentage Increase in the Number of Older Adults Age 60 or above from 2006 to 2016



### **Increasing Prevalence and Incidence of Disability Also Driving State Policy Decisions**





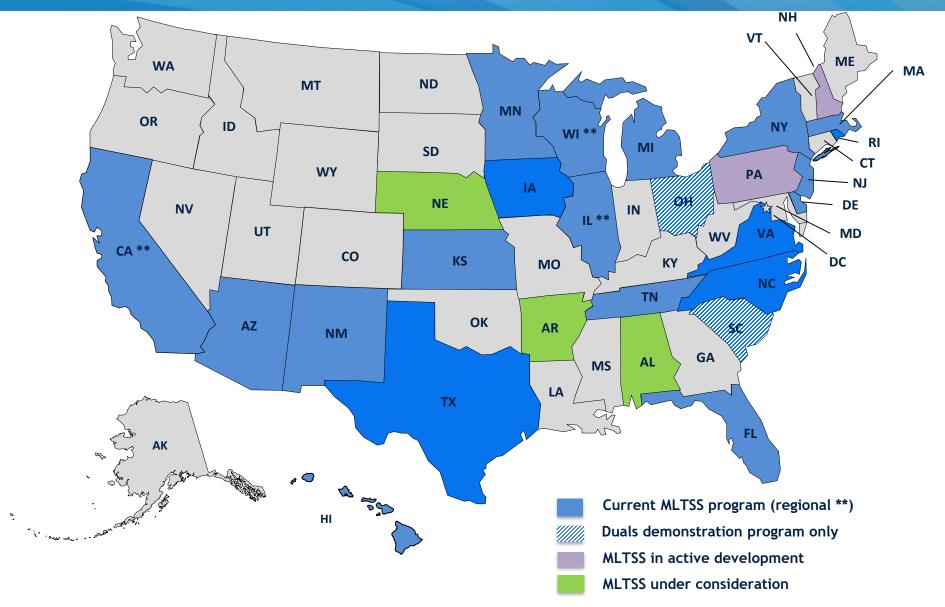


Sources: <a href="https://disabilitycompendium.org">https://disabilitycompendium.org</a> & <a href="https://www.disabilitystatistics.org">https://disabilitycompendium.org</a> & <a href="https://www.disabilitystatistics.org">https://www.disabilitystatistics.org</a>

#### The Intersection of Health and Social Services

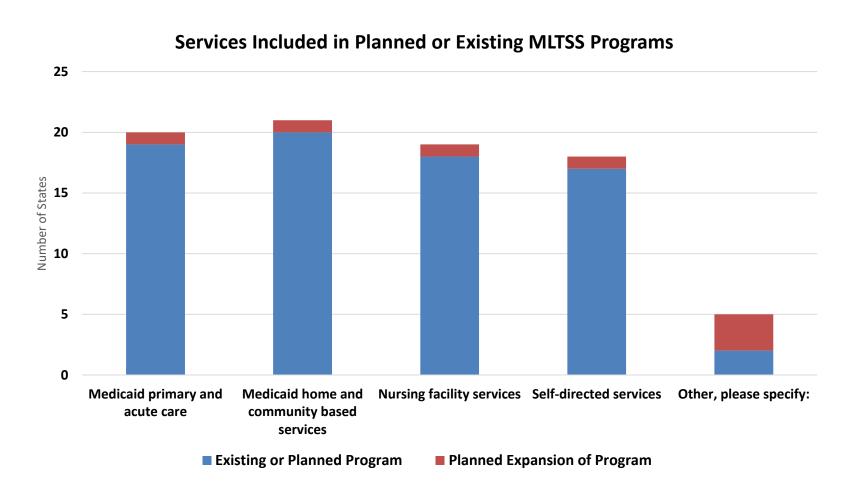
- Especially for older adults, there is a significant overlap between primary/acute care and LTSS:
  - Hospitalization (example: broken hip) -> post-acute rehabilitation -> personal care and chore services
- Fractured eligibility & payment systems, particularly Medicare and Medicaid, can lead to disconnects between settings of care, treatment goals, and desired health/social outcomes
  - However, eligibility, payment, and quality management can be fractured inside of Medicaid too
- Interoperable systems have the promise of improving coordination and keeping LTSS person-centered

# Changing Delivery Systems Impacting Services – MLTSS Programs 2017



### Services Included in Planned or Existing MLTSS Programs



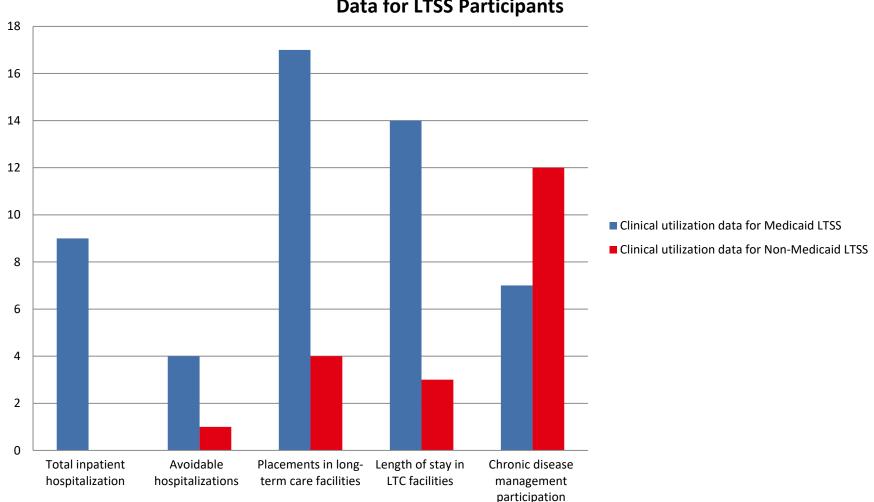


Source: NASUAD 2017 State of the States report (Published: August 2017)

## Clinical Data Collection: Survey of Aging/Disability Agencies



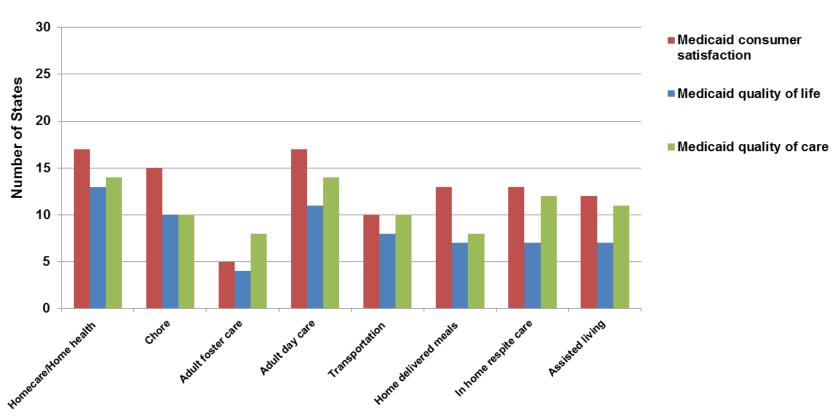
### Number of States Collecting Clinical Utilization Data for LTSS Participants



#### **Consumer Surveys: Medicaid Supports**



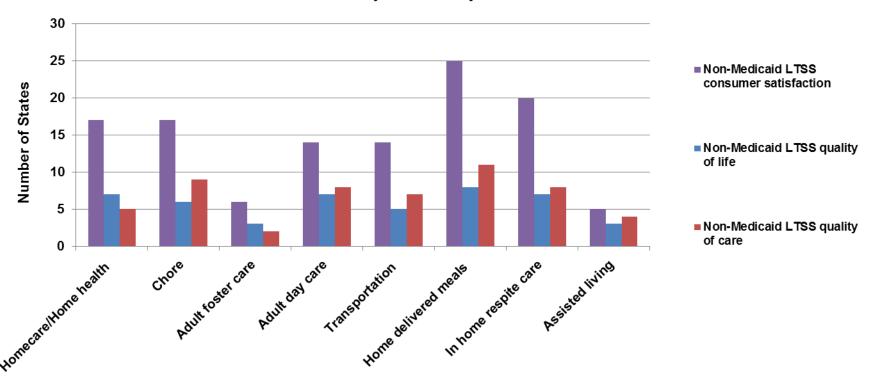
### States Collecting Data on Medicaid Consumer Satisfaction, Quality of Life, and Quality of Care by Service



### **Consumer Surveys: Non-Medicaid LTSS**



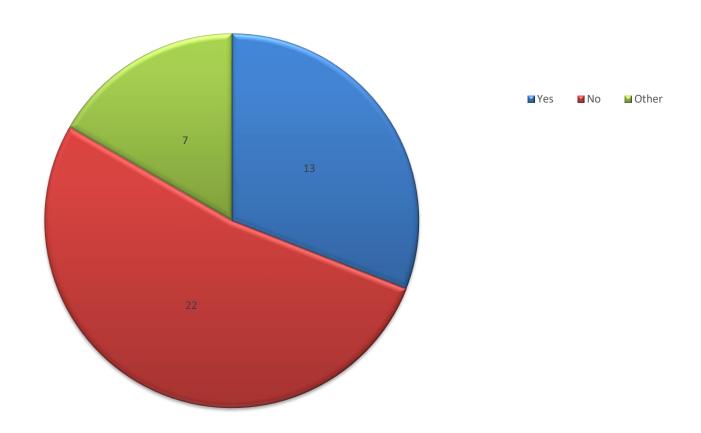
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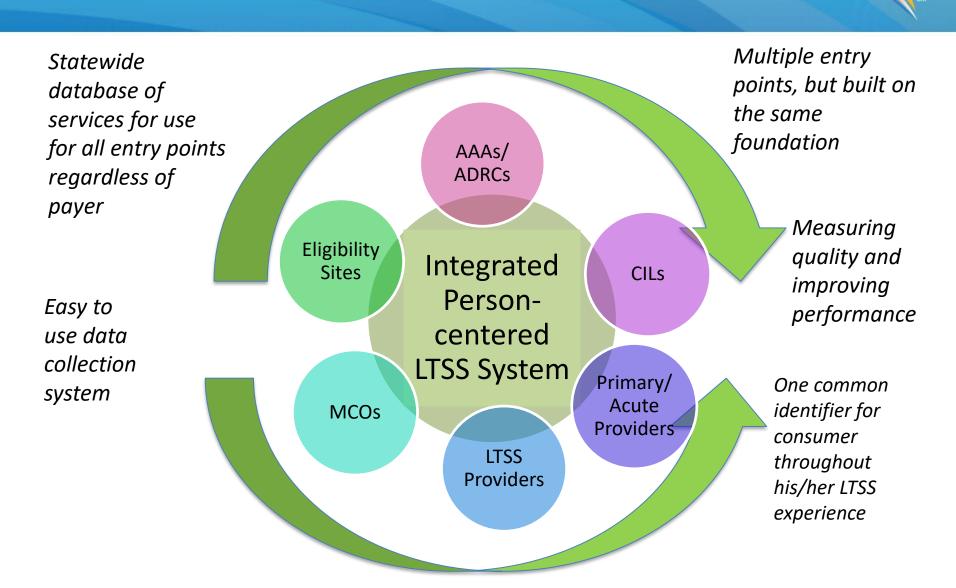
### **State Aging/Disability Information Sharing**



Does your information system share data with other HHS data systems?



#### The Goal: LTSS Integrated System

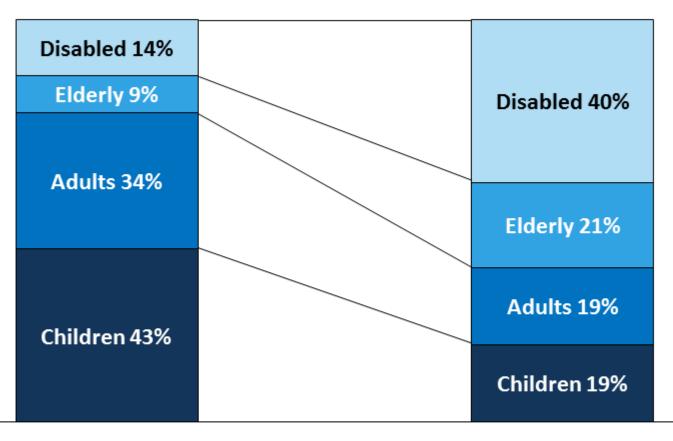


### Medicaid Spending Older Adults and People w/ a Disability



Figure 1

Nearly two-thirds of Medicaid spending is for the elderly and people with disabilities, FY 2014.



Enrollees

Expenditures

#### **HCBS Final rule**



Home and Community Based Settings

 "Integrated in and supports full access...to the greater community, including opportunities... to engage in community life...."

### **HCBS Taxonomy**



- Taxonomy Category:
  - –Day Services (27 states)
    - Taxonomy Service
      - –Community Integration

https://www.cms.gov/mmrr/Downloads/MMRR2014 004 03 b01.pdf

#### **Social Determinants of Health**



- Institute of Medicine
  - Accounting for Social Risk Factors in Medicare Payment: Identifying Social Risk Factors
    - Socioeconomic position
    - Race, ethnicity, and cultural context
    - Gender
    - Social Relationships
    - Residential and community context
    - Health literacy

https://www.nap.edu/catalog/21858/accounting-for-social-risk-factors-in-medicare-payment-identifying-social

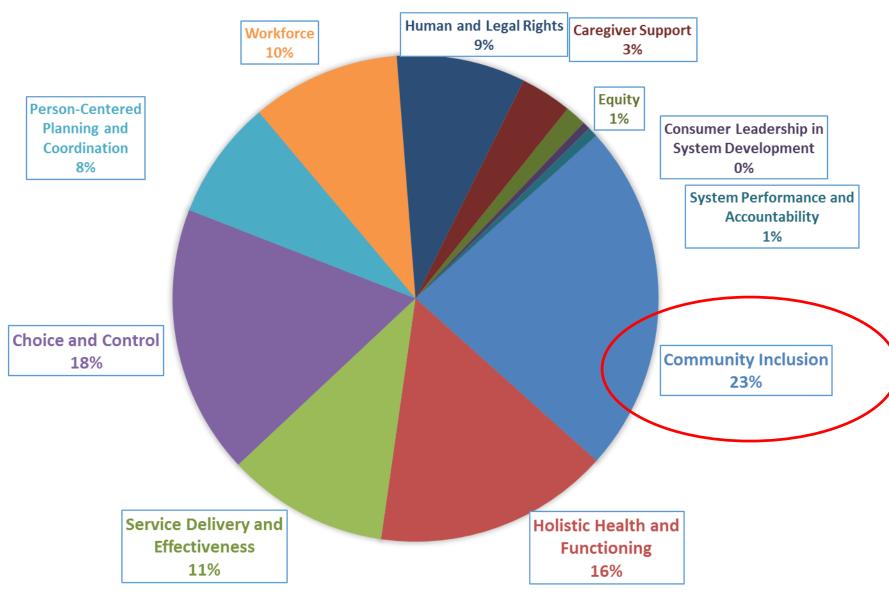
### Social Relationships



- Consequences for health:
  - Marital Status, Living Alone, Social Support,
     Influence:
    - Health care utilization
    - Clinical processes of care
    - Costs
    - Health outcomes
    - Patient experiences
  - No literature indicating that social relationships may influence patient safety.

#### **University of Minnesota**

items coded (n = 6673)



### **Proposition**



- Services targeting increases in social support, marriage, and decreases in loneliness should result in
  - Health care utilization
  - Clinical processes of care
  - Costs
  - Health outcomes
  - Patient experiences
- With benefits accruing to HCBS and Medical spheres.
- Potential for Value Based Purchasing

#### **Health IT and Medicaid**



- CMS and ONC are committed to ensuring that we are supporting states to develop a health IT infrastructure able to sustain and deliver on our shared Medicaid program objectives.
- To this end, HHS has developed a series of state facing program authority specific health IT toolkits. States can use these toolkits as they are designing their Medicaid programs.

#### **Toolkits and Resources**



- Use of these tool kits will help states:
  - Ensure they have the health IT capacity and infrastructure to accomplish their Medicaid program goals.
  - Identify and adopt a common set of health IT standards (where federally recognized standards exist) among states to promote information sharing (interoperability).
  - https://www.healthit.gov/providersprofessionals/advancing-interoperability-medicaid
  - https://www.medicaid.gov/medicaid/data-andsystems/hie/index.html

### Key health IT considerations to include in an HCBS health IT, HIE and interoperability toolkit

- 1. Care Plan Exchange
- 2. Real time access to Admission/Discharge/Transfer notifications
- Inclusion of 45 CFR 170 Standards and as applicable other federally recognized standards identified in the Interoperability Standards Advisory (ISA) within RFPs for LTSS MCO contract procurements
- 4. Connecting LTSS Providers to local/state's HIE requirement to send in and/ or receive information
- HCBS (1915(c)) Quality Framework using electronically specified measures

### How are HCBS Programs Fitting into a SMAs Larger HIT, HIE, and Interoperability framework?

- 1. Plan to support HCBS providers for their health IT, HIE and interoperability needs (Regional Extension Center like services)
- 2. Leveraging states 90-10 funding per SMD 16-003 for HCBS providers.
  - Registries

- Funding Connections
- SMAs Governance plan- what is the role for including HCBS services/providers? Are the HCBS programs represented in these State discussions
- 4. Are HCBS considerations included in the State's Master Data Management (MDM) strategy
  - Provider Directory strategy
- Identity Management
- 5. Role of PHRs Can the HCBS Medicaid program encourage/fund or support HCBS individuals access to a PHR for their human and health care services?

### Indiana – Using AAA to capture SDOH for Medicaid Bene's and Provide Services

Aging and In-Home Services of Northeast Indiana, a federal and state designated Area Agency on Aging, the Aging and Disability Resource Center (ADRC), and the Central Indiana Council on Aging (CICOA) have leveraged technology to integrate HCBS provider data with Indiana's existing Health Information Exchanges. Use of technology has allowed both Aging and In-Home Services and CICOA to negotiate with accountable care organizations to contract for provision of HCBS services that address the social determinants of health, which in turn help achieve the triple aim.

### **VISION**



•"With the Area Agency on Aging network, we have a national infrastructure in place and a workforce trained and ready to deploy. The answer to how we address social determinants of health in our country just needs to be recognized and activated."

•Connie Benton Wolfe, National Area Agency on Aging Conference, 2016

### Major Drivers of Health Care Costs

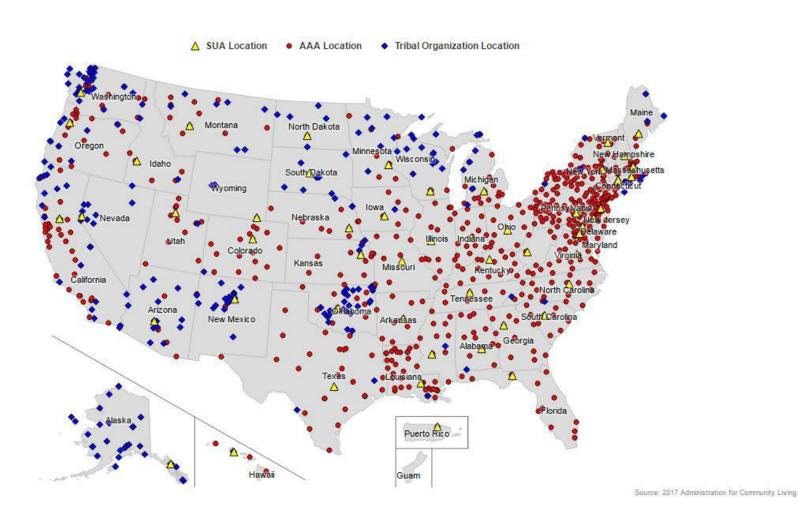
#### **Social Determinants of Health**

Economic Stability	Neighborhood & Physical Environment	Education	Food	Community & Social Content	Health Care System
Employment	Housing	Literacy	Hunger	Social integration	Health coverage
Income	Transportation	Language	Access to healthy options	Support	Provider availability
Expense	Safety	Early childhood education		systems	Provider
Debt	Parks	Vocational		Community engagement	linguistics & cultural
Medical bills	Playgrounds	training		Discrimination	competency
Support	Walkability	Higher education			Quality of care

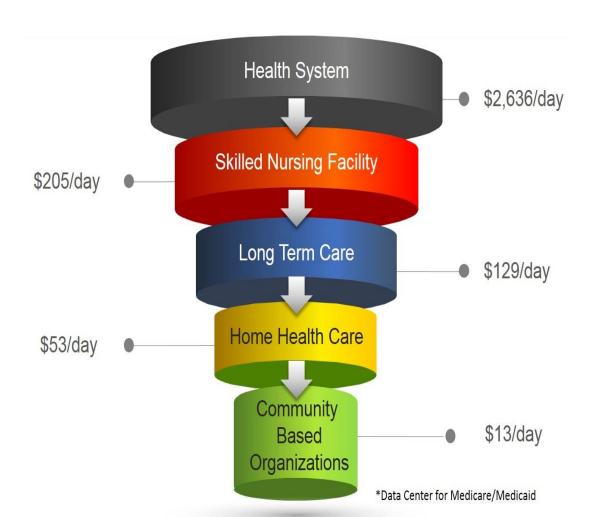
#### **Health Outcomes**

Mortality, Morbidity, Life Expectancy, Health Care Expenditure, Health Status, Functional Limitations

# Nationwide Network In Every State. In Every County.



### **Average Cost/Day**



### Why Rely on the AAA Experts?

- Screening for patient's health related social determinants is fundamentally different from screening for medical problems.
- Interventions must be accessed outside the health system and generally from cross-sector providers.
- Resources to pay for interventions are diverse and qualifications complex.
- Problem solving is required; Information & Referral is not sufficient.

### AAAs: Healthy. Happy. Home.

#### **Portfolio:**

- Screenings & Assessment
- Person & family centered planning
- Care transition support
- Care coordination
- Chronic disease management
- Behavioral health support
- Caregiver support
- Long-term service support
- Advance Care Planning



### Investing in Community-Anchored Health Care is Good Business!



### Unleash the Power of the Health Care System



### NY Grant Program for EHR Adoption to HCBS Providers



In order to assure that Adult Behavioral Health HCBS providers are ready for and can succeed in the transition to Medicaid Managed Care under the New York State 1115 waiver program, New York State created a Behavioral Health Information Technology Grant Program (BH-IT) to support these providers. The grants provide assistance with: Health Information Technology (HIT) scoping and vendor qualifications and initial purchase of licenses, system upgrades, and/or implementation and technical assistance for Electronic Health Records (EHR) and/or Electronic Billing Systems (EBS).

### **Use of the 2015 Standards Advisory: Health Home Examples – Clinical Decision Support**

Washington's Medicaid Health Home SPA targets individuals with one chronic condition and at risk for developing a second, defined as a PRISM risk score of 1.5 or greater. Chronic conditions may include cancer, dementia, Intellectual disability or disease, HIV/AIDs as well as others. The State integrates fee-for-service claims data, managed care encounter data, eligibility, and enrollment data for medical, pharmacy, mental health, substance use disorder, long term services and supports, and Medicaid and dual eligible Medicare covered services in a secure web-based clinical decision support tool called PRISM. (the Monitoring Section)

### Colorado - State Experiences with HCBS and Health IT

- colorado State Experiences With Hebb and Health H
  - TEFT Grantee
  - Accountable Care Arrangements
- Advanced Primary Care Arrangements
- All-Payer Claims Database Policies
- Episodes of Care Risk Sharing
- HIE Advisory Council
- Colorado Regional Health Information Organization as Colorado's Qualified State-Designated Entity
- State Privacy and Security Laws promotes exchange of behavioral health information

### Use of the Interoperable Standards Advisory: Health Home Examples – Admit, Discharge, Transfer Sets

WASHINGTON:. The State has developed an HIT pilot for Health Action Plans through OneHealthPort, an entity contracted with HCA to also consult on building a statewide health information exchange. HCA has developed the Medicaid Health Profile clinical data repository, with clinical data passed through OneHealthPort HIE using the Continuity of Care Document (CCD) and the Admit/ Discharge/Transfer Document (ADT) transaction sets. (the Monitoring Section)

### Use of the Interoperable Standards Advisory: Health Home Examples – Care Planning

SM

MAINE: Over 24 months all BHHO will be expected to have implemented certified EHR systems. BHHO will be expected to share health information including care planning documents to and from other treating providers/organizations and across the team of BHH professionals. (the Provider Section)

IDAHO: The final standards require that designated providers use HIT for the following processes:

- 1. Have a systematic process to follow-up on tests, treatments, services, and referrals which is incorporated into the patient's care plan;
- 2. Utilize HIT allowing the patient health information and care plan to be accessible and allow for population management and identification of gaps in care including preventive services; and
- 3. Is required to make use of available HIT and access members' data through the IHDE to conduct all processes, as feasible. (the Provider Section)

### Use of the Interoperable Standards Advisory: Health Home Examples – Care Coordination



ALABAMA: Providers will be able to transmit a prescription electronically to the enrollee's pharmacy of choice, review laboratory data and determine medication adherence information. (the Service Section)

### Use of the Interoperable Standards Advisory: Health Home Examples – Consent



ALABAMA: The state is planning to implement use of "One Health Record" [the state's HIE] when national standards are finalized. Once One Health Record is operational the state will consider possible sharing of consent forms and encouragement of all providers types (SA, CMHCs and ADPH) to connect to One Health Record. (the Service Section)

# **Example of 1115 Waiver Support for Interoperability**



#### NY DSRIP Waiver

- The incentive to reduce readmissions is driving the use of interoperable health IT for performing care coordination.
- Specific health IT usage and exchange requirements also support interoperability.
  - E.g., STCs requires Performing Provider Systems to report on "Percent of Eligible Providers with participating agreements with RHIO's [Regional Health Information Organizations]; meeting MU Criteria and able to participate in bidirectional exchange."

### Questions



