#### National Home and Community Based Services Conference

That All May Read



Marty Exline, AT3 - Assistive Technology Act Training and Technical Assistance Center

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# Aging in America

- Life expectancy is 78.8 years.
- 52% of people turning 65 today will at some point require Long-Term Services and Supports.
- Technology adoption rates by seniors are rising.
- Assistive technology for seniors a \$14 billion industry, rising to \$26 billion by 2029





# Assistive Technology Act

- 56 States and Territories
- A Mix of Implementing Agencies
- All Disabilities; All Ages
- Uniform Set of Activities





# State AT Act Program Services

- Direct Services
  - AT Demonstrations
  - AT Device Loan
  - AT Reuse
  - AT State Financing
- State Leadership Services
  - Public Awareness
  - Training
  - Providing Technical Assistance
  - Transition Assistance





# Where does AT Fit in the LTSS Picture?

Maintaining Independence (Activities of Daily Living); Keeping Social Connections; Addressing Health Related Issues

#### **Three Examples**

- HCBS waivers
- Money Follows the Person
- Complimentary Programs







#### Number of States Providing AT-Related Services in Medicaid HCBS Waivers

	Older Adult Waivers	Physical Disabilities Waivers	Intellectual & Developmental Disabilities Waivers	Traumatic Brain Injury Waivers
Assistive Technology	27	27	27	20
Specialized Medical Equipment & Supplies	30	32	26	19
Personalized Emergency Response Systems	27	25	18	13

NASUAD State of the States in Aging and



Disabilities Survey of State Agencies

www.nasuad.org



### HCBS Service Categories – does it matter?

#### **Specialized Medical Equipment**

 Includes devices, controls or appliances that enable participants to increase their abilities to perform activities of daily living. Examples include lift chairs, commode chairs, patient lifts, trapeze equipment, oxygen, respiratory equipment, shower benches, augmentative communication devices, canes, walkers or wheelchairs.





# Assistive Technology

AT Device: Any device, piece of equipment or product system whether acquired commercially or off the shelf, modified or customized, that is used to increase, maintain, or improve functional capabilities of individuals with disabilities.

**AT Service:** Any service that directly assists an individual with a disability in the selection, acquistion or use of an assistive technology device.







### PICKING UP THE PACE OF CHANGE

A State Scorecard on Long-Term Services and Supports for Older Adults, People with Physical Disabilities, and Family Caregivers







# No Wrong Door Systems

# Symmetry Between State Assistive Technology Programs and NWD Systems

- 1. State Leadership and Investment
- 2. Public Outreach and Coordination with Key Referral Sources
- 3. Person-Centered Counseling
- 4. Streamline Eligibility for Public Programs



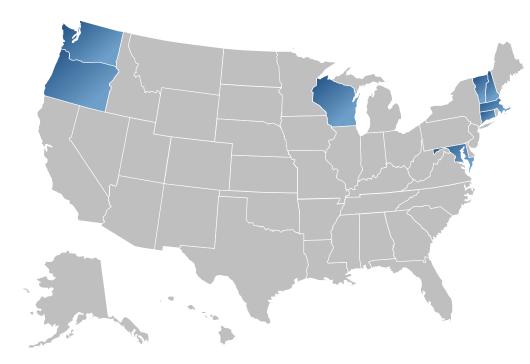


#### 2016 No Wrong Door LTSS Transformation Grants

To increase collaboration between Assistive Technology Programs and No Wrong Door Systems

2 Year Awards Washington Connec Oregon Maryla Wisconsin New H Massachusetts Vermo

Connecticut Maryland New Hampshire Vermont







# 2016 Grant Opportunity

 Identify and develop strategies for collaboration across the NWD system with the state's Assistive Technology Act programs to improve the provision and utilization of AT for individuals with disabilities across the lifespan and their families.





New Hampshire AT Act Program / ServiceLink Collaboration Assistive Technology in New Hampshire (ATinNH)

> Stacy Driscoll, M.Ed, ATP Assistive Technology Specialist ATinNH, Program Coordinator stacy.driscoll@unh.edu

### NH AT Act Program

New Hampshire's AT Act Program has been in existence since 1994 and is administered through the University of New Hampshire's Institute on Disability.

Statewide Partner Organizations who provide device demonstrations, device loans and device re-use.

### How we got started

#### July 2016

- Assistive Technology in New Hampshire (ATinNH) was contacted by the administrator of NHCarePath and NH ServiceLink Aging and Disability Resource Center
- NHCarePath is New Hampshire's No Wrong Door System

### Who are the agencies involved

#### ATinNH

- ServiceLink ADRC
  - 13 offices statewide

Assistive Technology in New Hampshire ATinNH.org



### Steps we took

- First meeting July 2016
- Decided on devices and purchased devices September 2016
- Leg work to get set up October 2016-January 2017
- January 2017 Kick-off Zoom meeting with Center Managers
  - The individuals who run the 13 ServiceLink offices
- Held two hands-on trainings for representatives from each office
  - Three hours long learned how to use the devices and materials
- Implementation began on or before April 3, 2017
- Monthly Zoom meeting to answer questions / review data / etc.

#### **Before Implementation**

- 15 sets of 30 devices
- Took pictures with an iPad and labeled each device using the app Phonto
  - Available iOS and Google



- Two work study students helped with this
- Labeled each device as belonging to ATinNH
- Created a short 1-3 minute, how-to video of each device
  - Used for internal training and refreshers and to be shared with consumers
  - Created a QR Code for each video
- Created a Resource Binder
  - Added these materials to their online system

### **Resource Binder**

- Procedures document Roles and Responsibilities
- Device Reference Sheets
- Data collect forms more forms were developed over time
- Battery Inventory ServiceLink is responsible for batteries
- Device Price List each kit approximately \$800 worth of devices
  - PocketTalker most expensive
- Device YouTube Clip Document

## **Device Reference Sheets**

- Arranged by category for our Data Collection System
- Include picture and name of device on one side, name, QR code to video and a link to find the item on the back

Assistive Technology for Daily Living



#### Assistive Technology for Daily Living



## Hands-on Training

- Each office was asked to send at least two people to the hands on training – preferably the Center Manager and one Options Counselor
- Began with Scenarios to "test" their knowledge
  - Ex. A consumer is having difficulty getting in and out of the car. What device would you suggest she try out? (HandyBar)
- Reviewed Policies and Procedures had been approved at the Kick Off meeting with the Center Managers
- Participants were trained on each device and tried each one during the training
- Follow-up training was provided on Hearing Assistive Technology that had been provided to each office a few years back from New Hampshire DHHS Bureau of Elderly and Adult Services
- Training on how to fill out Data Collection forms this is on going

#### Poster for each office



#### Example of Set Up in one office





### Follow-Up and Where we are at

- Monthly follow-up via Zoom Conferencing with Center Managers but anyone is welcome
  - Center Managers have requested this follow-up
- Kits are set up to take "on the road" to clients some offices are using the kits primarily for walk-in clients
- These are tools to add to what they are already doing, not to add one more thing for them to do.
- ServiceLink is listed as a partner on our website but we are not otherwise advertising for people to go to them
- ATinNH handles the data collection paperwork

### Report from ServiceLink

- One office provided an informational training for VNA LNAs and home health aides - hoping to generate more referrals to ServiceLink
- Some offices were faster than others to begin implementation
  - First quarter generated up to 20 demonstrations from several offices
  - Some offices were not able to do demonstrations
    - Low staff was noted as a reason
    - Hadn't become automatic yet
- Aids for Daily Living and Hearing Assistive Technology were the most demonstrated
  - PocketTalker Ultra most demonstrated
  - Knork and Jar Openers popular

#### VERMONT Tracy Roux Assistive Technology Specialist Tracy.roux@partner.vermont.gov

VERMONT ASSISTIVE TECHNOLOGY PROGRAM & AGING & DISABILITY RESOURCE CONNECTION'S COLLABORATION

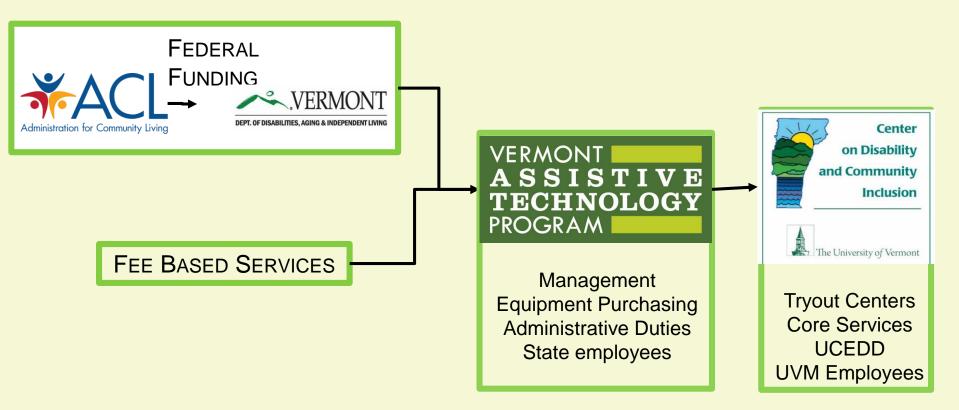


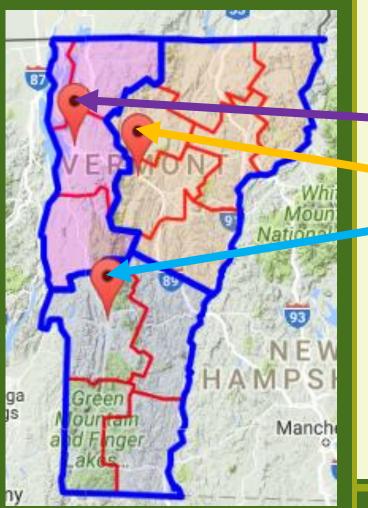
# Vermont AT Program

- Vermont's AT Act Program
- ✓ AT for disability and <u>aging</u> related needs
- ✓ No eligibility requirements, all ages and needs
- ✓ Anyone can refer
- ✓ Statewide 3 tryout centers
- Technical Assistance and Group Trainings are fee based activities.
- ✓ All other Core Services are Free.



### Structure





#### Center on Disability and Community Inclusion

## **Statewide Coverage**

**Burlington** 

**Waterbury** 

#### **Rutland**

- Dedicated Tryout Centers
- Hosted by UVM CDCI
- UVM and State Office Buildings

VERMON'

PROGRAM

Three Full-Time UVM Staff
Members

## **Current Collaborations**

#### **University of Vermont Medical Center (UVM)**

Providing training and demo equipment to their AT Clinic

#### **Vocational Rehabilitation (VR)**

Provide VR Consumers with AT Consultations and AT Training

#### State of Vermont Agency of Digital Services (ADS)

• Providing Technical Assistance around accommodations and accessibility

#### Aging and Disability Resource Connections (ADRC)

Providing AT Video Training Series and AT Demo Tool Kit



## **How We Got Started**

- Approached by administrator of Vermont ADRC
- Vermont 1 of 8 states to receive a grant to incorporate AT into No Wrong Door Services
- Surveyed the ADRC Partners to gather idea of understanding and needs
  - Understanding of Resources
  - Comfort with AT
  - How they would use AT if they had it



### **ADRC Partners**

Five Area Agencies on Aging (AAA)
 Vermont Centers for Independent Living (VCIL)
 United Ways of Vermont 2-1-1



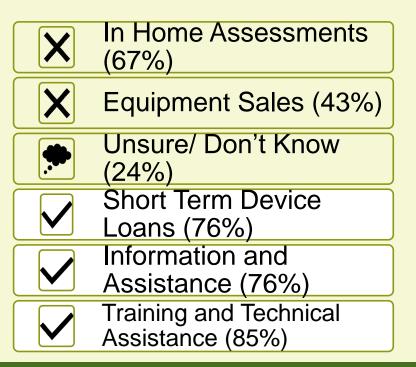
## Which Job Role do you Fill?



- 21 respondents
- Majority from Area Agency on Aging
- Majority Case Managers



# 1a: VT AT provides which services?



- The AT Program does NOT Provide
  - In Home Assessments
  - Equipment
- Misinformation about these two services in particular will cause consumer distrust
- Advocates need to know about these gaps in our service structure

PROGRAM

# 1b: Who Pays for AT?

X	VT AT	Program	(47%
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Unsure (15%)



Federal Programs (57%)



State Programs (95%)



Private Health Ins. (67%)



Private Charities (77%)

- Funding of AT is a top issue
- Advocates need to know about the funding gaps for crucial AT
- •The AT Program does NOT Provide Funding. We provide funding resources.

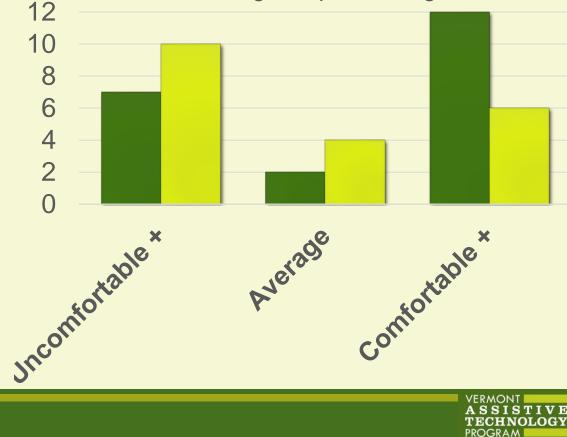


### 2: Comfort with AT

- 50/50 split for comfort level
- More comfort with discussing than implementing
- Survey did not assess accuracy of this statement

How comfortable do you feel discussing/ Implementing Assistive Technology?

Discussing Implementing



## **3: Current Gaps and Future Use**



What are the most common needs?

• Mobility, Hearing, Vision, Daily Living

#### If you had AT, how would you use it?

- 1.Demonstrate equipment available
- 2. To Better Access Services
- 3. Provide training to other staff and community Members



#### Where would you use this AT the most?

- In the field
- In the office

## **Survey Results**

- Need Language for talking about AT
   Examples of AT and uses
- Overview of AT Program functions
   What we can and cannot do
- Need access and knowledge about equipment to use in the field







# How?

AT Program Capacity is small, and the topic is complicated

Create a video training series to address knowledge areas.

- Utilize online platform for "Person-centered counseling training" developed in 2016 for NWD
- Disseminate to a large audience

Create access to equipment through a demo equipment kit

- Similar to Fanny Allen Outreach Project
- Increase capacity by number of centers offering demos



### Part 1: AT Demonstration Kit



- Available to ADRC Partners
- Borrow for 30 days
- 43 items primarily items for Hearing, Vision, and Daily Living

VERMON

PROGRAM

- Resource Binder
- Training Videos
- Portable Display Unit/Tote
- Replicable

## Part 2: AT Training Video Series



 Videos available online and through learning management system and online

- Consists of 3 Modules
  - What is Assistive Technology?
  - Who is the Vermont AT Program?
  - How to Consider AT using the CETT Process



#### Timeline





# In Progress...

- □ Edit and Finalize Training Video. Release September 15<sup>th</sup>.
- □ Finish Ordering and Inventorying Kit Items
- □ Create Demo Videos for each item and Resource Binder
- Disseminate Training Materials and market AT Demo Kit
- Data Analysis, and measurements of success
   Post-Training Survey: AT and AT Program Knowledge
   Analyze number and "quality" of referrals, and where
   Analyze number of demos from kit



## Impact so far...

- Ideas for other organizations to have demo kits
- Availability of training materials to use with other partners
- Availability of AT demonstration videos



## **Other States**

- Washington AT Act Program
- Wisconsin WisTech
- Connecticut AT Program
- MassMATCH
- Oregon Access Technologies, Inc.
- Maryland Technology Assistance Program





### **The Future**

#### Where Do We Go From Here???





# Questions / More Info at:

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