

Waiver Services for Individuals with Physical Disabilities

Overview

One of NASUAD’s member states is planning to merge its physical disability waiver with its elderly waiver. As a result, individuals in the state with physical disabilities under age 65 will become eligible for some waiver services formerly available only to elderly populations. In order to estimate service utilization and project service costs for this new population, the state asked NASUAD to survey other states about waiver service utilization by eligible individuals with physical disabilities under age 65.

NASUAD surveyed its members to learn what states offer waiver services for individuals with physical disabilities under age 65; and what percentage of qualifying individuals utilize these waiver services in each state. Twelve states responded to this inquiry, including: Colorado, Maine, Oregon, Pennsylvania, Virginia, and seven unnamed states.

Response Summary

Home-Delivered Meal Services

Of the twelve states that completed the survey, six states have waivers offering home-delivered meal services to individuals with physical disabilities under age 65. Among these six states, five states also reported on service utilization. For the five states that provided service utilization rates, an average of about 55 percent of qualifying individuals with physical disabilities under age 65 utilize home-delivered meal services. (See Figure 1)

Figure 1: Home-Delivered Meal Services

State	State waiver offers Home-Delivered Meal services to individuals under age 65 with a physical disability:	Percent of qualifying individuals in your state under age 65 with a physical disability who use the service:
Colorado		n/a
Maine		n/a
Oregon		n/a
Pennsylvania		n/a

Virginia		n/a
Unnamed	x	n/a
Unnamed	x	52%
Unnamed	x	100%*
Unnamed	x	1%
Unnamed	x	50%
Unnamed	x	70%
Unnamed		n/a

*Need-based qualification

Personal Emergency Response Systems (PERS) Services

Of the twelve states that completed the survey, nine states have waivers offering personal emergency response systems (PERS) services to individuals with physical disabilities under age 65. Among these nine states, five states also reported on service utilization. For the five states that provided service utilization rates, an average of about 52 percent of qualifying individuals with physical disabilities under age 65 utilize PERS services. (See Figure 2)

Figure 2: Personal Emergency Response Systems (PERS) Services

State	State waiver offers PERS services to individuals under age 65 with a physical disability:	Percent of qualifying individuals in your state under age 65 with a physical disability who use the service:
Colorado	x	n/a
Maine	x	50%
Oregon		n/a
Pennsylvania	x	n/a
Virginia	x	n/a
Unnamed	x	n/a
Unnamed	x	100%*
Unnamed	x	22%
Unnamed	x	25%
Unnamed	x	65%
Unnamed		n/a
Unnamed		n/a

*Need-based qualification

Adult Day Health Services

Of the twelve states that completed the survey, eight states have waivers offering Adult Day Health services to individuals with physical disabilities under age 65. Among these eight states, five states also reported on service utilization. For the five states that provided service utilization rates, an average of about 33 percent of qualifying individuals with physical disabilities under age 65 utilize Adult Day Health services. (See Figure 3)

Figure 3: Adult Day Health Services

State	State waiver offers Adult Day Health services to individuals under age 65 with a physical disability:	Percent of qualifying individuals in your state under age 65 with a physical disability who use the service:
Colorado	x	Unknown
Maine	x	25%
Oregon		n/a
Pennsylvania	x	< 10%
Virginia	x	n/a
Unnamed	x	n/a
Unnamed	x	100%*
Unnamed	x	5%
Unnamed	x	25%
Unnamed		n/a
Unnamed		n/a
Unnamed		n/a

*Need-based qualification

Adult Day Social Services

Of the twelve states that completed the survey, five states have waivers offering Adult Day Social services to individuals with physical disabilities under age 65. Among these five states, four states also reported on service utilization. For the four states that provided service utilization rates, an average of about 9 percent of qualifying individuals with physical disabilities under age 65 utilize Adult Day Social services. (See Figure 4)

Figure 4: Adult Day Social Services

State	State waiver offers Adult Day Social services to individuals under age 65 with a physical disability:	Percent of qualifying individuals in your state under age 65 with a physical disability who use the service:
Colorado	x	n/a
Maine	x	25%

Oregon		n/a
Pennsylvania		n/a
Virginia		n/a
Unnamed	x	< 1%
Unnamed	x	< .5%
Unnamed	x	10%
Unnamed		n/a
Unnamed		n/a
Unnamed		n/a
Unnamed		n/a

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