





# Maximizing Veteran Independence with the Veteran Directed Home and Community Based Services Program

## Home and Community Based Services Conference

Lori Gerhard, Administration for Community Living
Daniel Schoeps, Veterans Health Administration







#### **Agenda**

- Provide an overview of the VD-HCBS Program
- ▶ Discuss the role of VD-HCBS with growing access to HCBS and serving Veterans
- Examine the impact of the Veterans Choice Program and non-VA care on growing VD-HCBS at existing and new VD-HCBS Programs
- Discuss the VD-HCBS evaluation







## The Veteran Directed Home and Community Based Services Program (VD-HCBS)

The VD-HCBS program serves Veterans of any age who are at risk of admission to an institution as well as their family caregivers.

- Veterans receive a flexible service budget they use to hire family, friends, and neighbors to provide long term services and supports (LTSS).
- Veterans also receive facilitation services from a Person Centered Counselor (Options Counselor) and financial management support from a Financial Management Services (FMS) organization.
- Veterans determine how to use their VD-HCBS budget and hire, schedule, direct, and fire their employees.

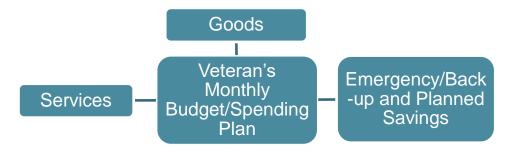




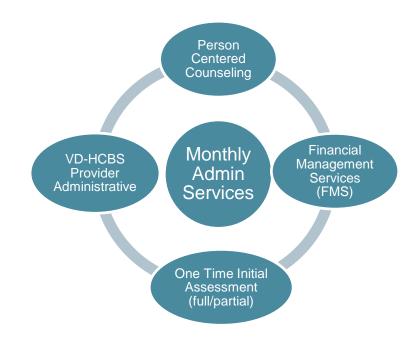


### **VD-HCBS Product Components**

- Veteran's Budget
  - ► Spending Plan
  - Emergency-Backup and Planned Savings Fund (Emergency/Respite Fund)



- Administration
  - ➤ One-time:
    - Facilitate Veterancentered Assessment
  - ► Recurring:
    - Person Centered Counseling
    - ☐ Fiscal Management Service
    - Program Administration









#### **VD-HCBS Framework**

- VA Medical Centers (VAMCs) purchase the VD-HCBS program from Aging and Disability Network Agency (ADNA) Providers, including:
  - Area Agencies on Aging
  - Aging and Disability Resource Center/No Wrong Door Systems
  - Centers for Independent Living
  - State Units on Aging
- Before offering VD-HCBS, ADNAs complete a VA Readiness Review (RR), conducted by VA Central Office
  - Ensures ADNAs have demonstrated the skills and competencies to deliver VD-HCBS to Veterans







#### **VD-HCBS Benefits**

- Veterans and Caregivers
  - ► Higher levels of satisfaction with services
  - ► Flexibility to customize services to meet individualized needs
  - ► Reduction in Caregiver stress/burnout
- VAMCs
  - ► New community partner to increase access to non-VA services
  - ► VD-HCBS is covered under the Veterans Choice Program (VCP) and non-VA care
  - Cost-savings can be achieved through VD-HCBS enrollment







#### **VD-HCBS Consumer Experience**

https://www.youtube.com/watch?v=GNtQEGUBIEY

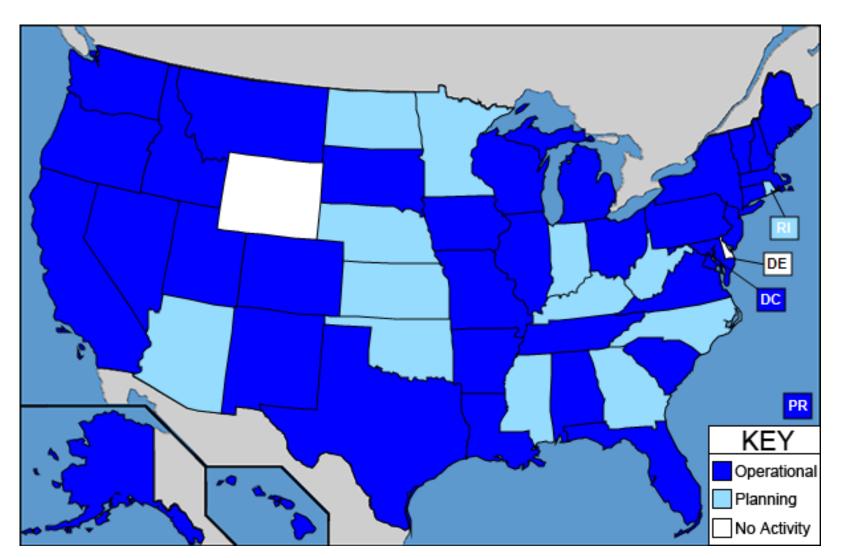
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#### **VD-HCBS Program Status**



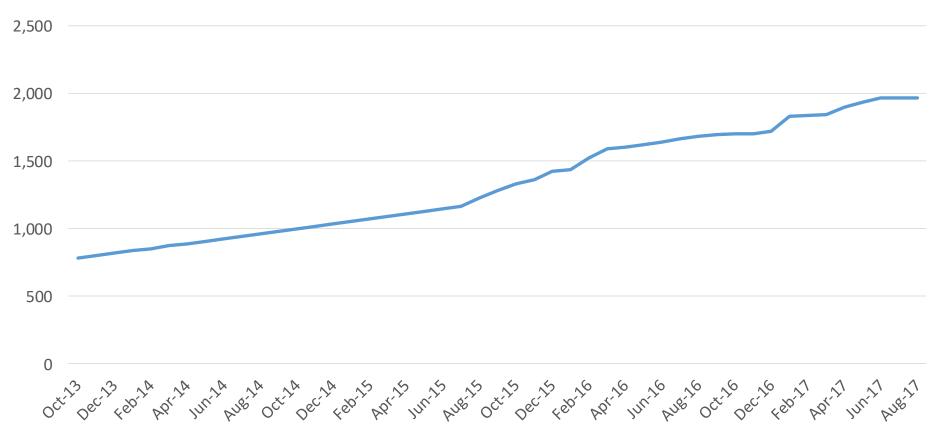






#### **Veteran Census in VD-HCBS**

#### **Veteran Census**



Veteran Census







#### **VD-HCBS** Evaluation

- 5 year evaluation
- Phased rollout of VD-HCBS to all remaining VA Medical Centers
- VA team evaluating:
  - ► Implementation strategies
  - ► Impact of VD-HCBS on Veterans' health care use and costs
  - ► Impact of VD-HCBS on Veterans' satisfaction, unmet needs, quality of life and independence
  - ► Impact on Caregivers' well-being







#### **Questions?**

- If you would like to learn more about VD-HCBS:
  - https://www.va.gov/GERIATRICS/Guide/LongTermCare/Veteran-Directed\_Care.asp
  - https://nwd.acl.gov/vd-hcbs.html
  - https://acl.gov/Programs/CIP/OCASD/VDHCBS/index.aspx
- For questions or if you're interested in VD-HCBS, please email:

veterandirected@acl.hhs.gov

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