

ADvancing States 2020 HCBS Conference

Ready Seniors Workshop

Assisting Isolated Older Adults in an Emergency

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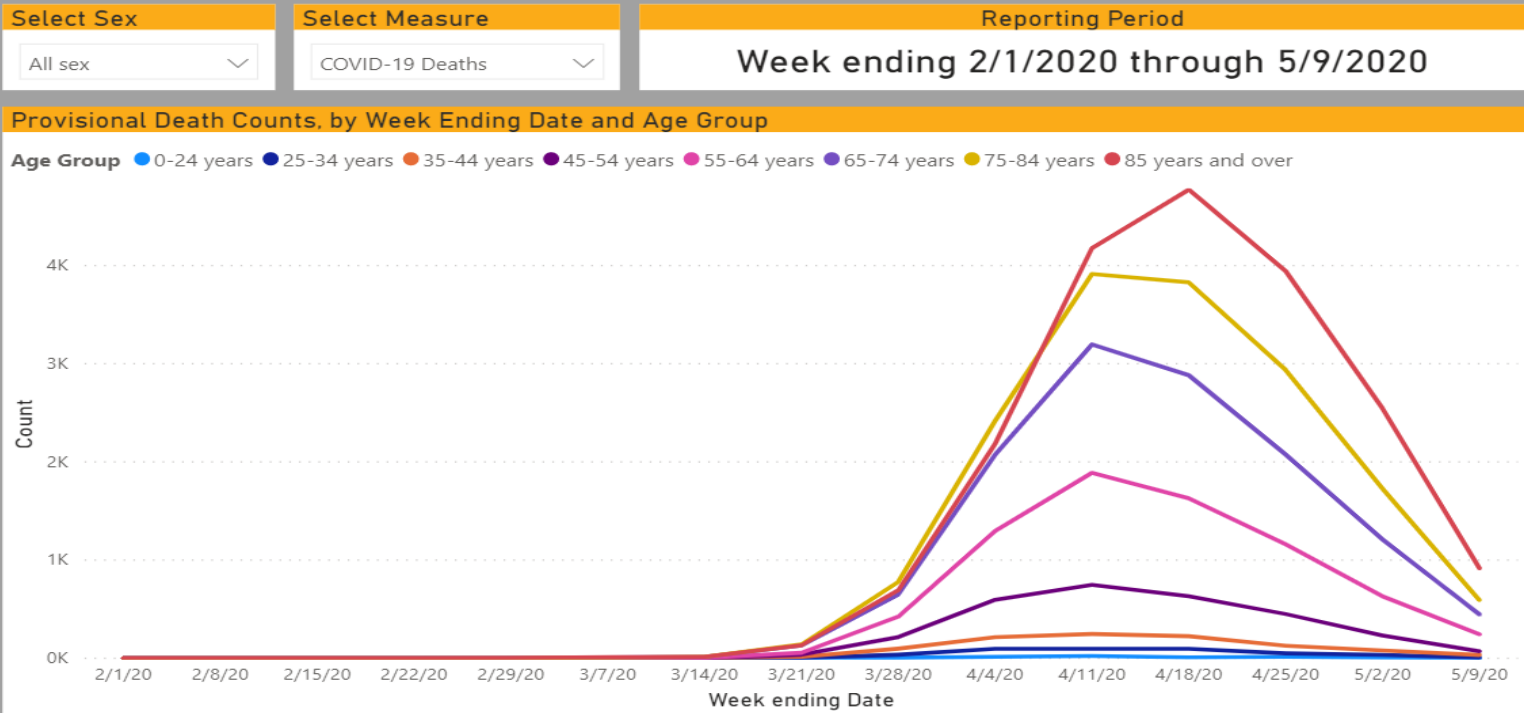
December 9, 2020

Older Adults Disproportionately Affected by Disasters

- 2017 California wildfires
- Hurricane Katrina
- Hurricane Maria – Puerto Rico
- COVID-19



Provisional Death Counts for Coronavirus Disease (COVID-19)



NOTE: Provisional death counts are based on death certificate data received and coded by the National Center for Health Statistics as of the date of analysis and do not represent all deaths that occurred in that period.

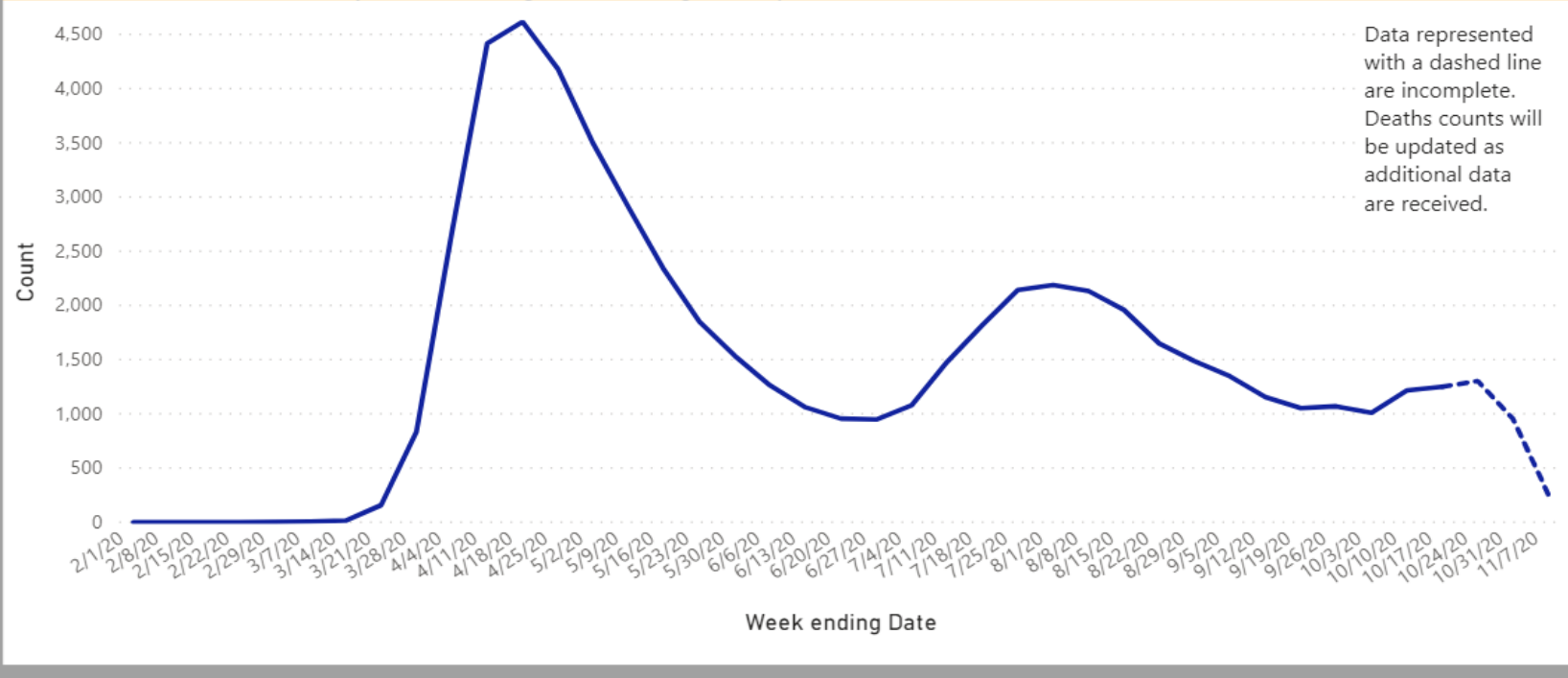
SOURCE: NCHS, National Vital Statistics System. Estimates are based on provisional data.

https://www.cdc.gov/nchs/nvss/vsrr/covid_weekly/index.htm#AgeAndSex; accessed 5/17/2020

Provisional Death Counts for Coronavirus Disease 2019 (COVID-19) By Week of Death

Select Sex	Select Measure	Select Age Group	Reporting Period
All Sex	COVID-19 Deaths	75-84 years	Week ending 2/1/2020 through 11/7/2020

Provisional Death Counts, by Week Ending Date and Age Group



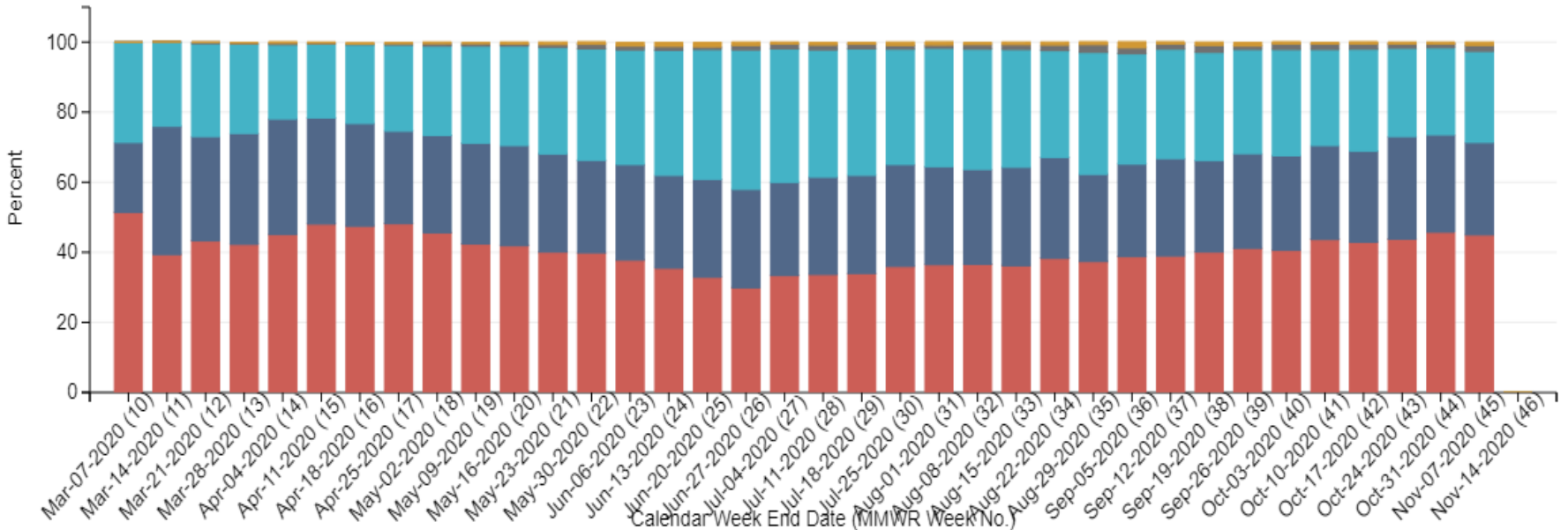
https://www.cdc.gov/nchs/nvss/vsrr/covid_weekly/index.htm#AgeAndSex; accessed 11/16/2020



COVID-19 Laboratory-Confirmed Hospitalizations Preliminary data as of Nov 07, 2020

Covid-19-associated Hospitalizations By Age

0-4 yr 5-17 yr 18-49 yr 50-64 yr 65+ yr



The Coronavirus Disease 2019 (COVID-19)-Associated Hospitalization Surveillance Network (COVID-NET) hospitalization data are preliminary and subject to change as more data become available. In particular, case counts and rates for recent hospital admissions are subject to lag. As data are received each week, prior case counts and rates are updated accordingly.

Source: https://gis.cdc.gov/grasp/COVIDNet/COVID19_5.html; accessed 11/16/2020

Elder Abuse

Puerto Rico 2017*

- During October 2017 and November 2017, there were 5,545 reports of elder abuse.
- This is almost half the number of reports that were made for the entire 2016 calendar year (12,682).

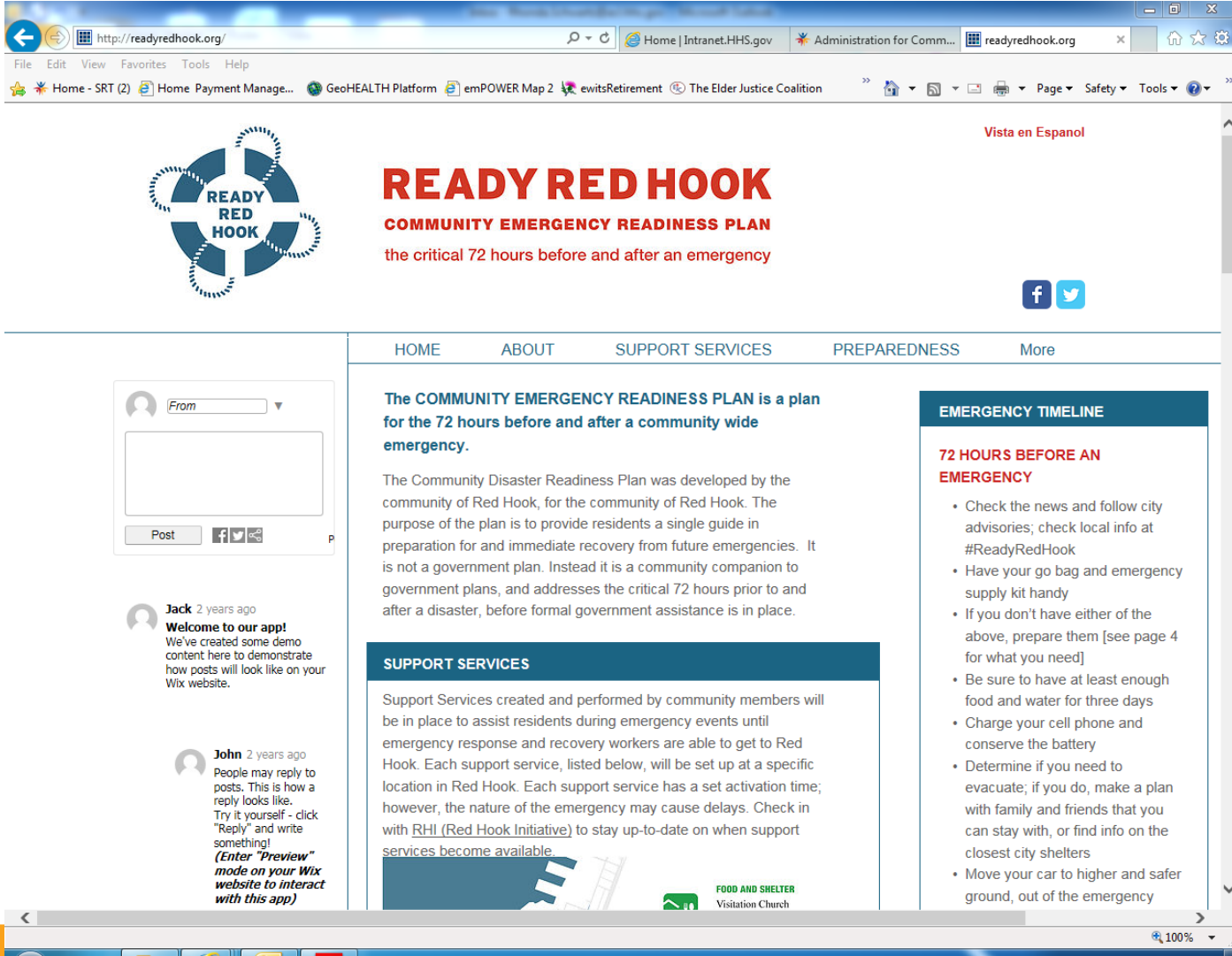
*preliminary data; subject to change

COVID-19???

Community Resilience

- ***Be resilient***
- ***Whole Community, all hazards approach***
- ***Engage partners and foster development of partnerships to ensure emergency plan and response alignment and integration at all levels (e.g., facility, community, State/local agency)***







FOOD AND SHELTER

Visitation Church
98 Richards Street



COMMUNICATIONS

Red Hook Initiative
767 Hicks Street



HEALTH AND MEDICAL

GSS Miccio Center
110 West 9th Street



COMMUNITY RESPONSE TEAM

GSS Miccio Center
110 West 9th Street



UTILITIES

IKEA
1 Beard Street



COORDINATION

IKEA
1 Beard Street

Networks

- Voluntary Organizations Active in Disaster (www.nvoad.org)
- Medical Reserve Corps (<https://mrc.hhs.gov/HomePage>)
- Community Emergency Response Teams (CERTs) (<https://www.ready.gov/cert>)
- Health Care Coalitions

Capacity-Building Toolkit for including Aging & Disability Networks in Emergency Planning



Developed by the U.S.
Department of Health and
Human Services, Office of
the Assistant Secretary for
Preparedness and Response

AUTHORED BY THE NATIONAL ASSOCIATION OF
COUNTY AND CITY HEALTH OFFICIALS (NACCHO)
AND THE ASSOCIATION OF STATE AND TERRITORIAL
HEALTH OFFICIALS (ASTHO) IN COLLABORATION WITH
THE HHS OFFICE OF THE ASSISTANT SECRETARY FOR
PREPAREDNESS AND RESPONSE (ASPR) AND THE HHS
ADMINISTRATION FOR COMMUNITY LIVING (ACL)

- Link to toolkit:
<https://acl.gov/news-and-events/announcements/new-resource-available-emergency-planning-toolkit-aging-and-0>

COVID-19 Innovations

- Older Nutrition Program partnerships with restaurants
- Daily Check-in Calls/car parades
- Partnering with tech/phone companies to provide phones/tablets to seniors
- Coordinating or hosting virtual congregate sites to host group breakfast, lunch, dinner, and the provision of nutrition education, including at coffee hours
- Virtual classes

Locating Isolated Older Adults

- Local community leaders
- Houses of Worship
- Utility registries
- Special needs registries
- 2-1-1
- 9-1-1

Caregiver /Individual Preparedness*

- Events may happen without warning
- Caregiver may be separated from older adult when event occurs and cannot reach him/her
- Utilities may be interrupted
- Official assistance may be delayed

*From *Preparing for Disaster for People with Disabilities and other Special Needs*, FEMA and American Red Cross, August 2004, p.2., www.fema.gov/media-library/assets/documents/897

Elements of Preparedness*

- Be Informed
- Have an emergency supplies kit
- Make a Plan

From Preparing Makes Sense for Older Americans. Get Ready Now.
www.ready.gov/sites/default/files/documents/files/older_american.pdf

Before Making a Plan* ...

- Assess the older adult's needs
 - what assistance might the older adult need?
 - what can she do for herself? What resources does she have?
 - can the older adult evacuate in an emergency?

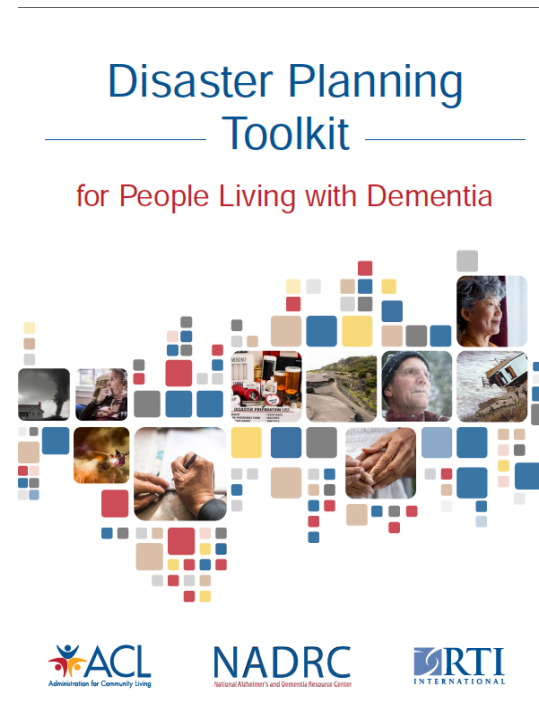
*From FEMA and American Red Cross, *Preparing for Disaster for People with Disabilities and other Special Needs*, August 2004, www.fema.gov/media-library/assets/documents/897

Preparedness Tips for Older Adults/Caregivers

- Understand the risks that the community is likely to face
- Enroll in the local special needs emergency registry; may require annual registration
- Notify the utility company of any needs for power for medical equipment
- Get to know your loved one's neighbors
- Keep portable cell phone chargers on hand
- Arrange for back-up in case primary caregiver not available
- Sign up to receive official communications in an emergency
- Keep at least a half a tank of gas in the car and some cash on hand

NADRC Disaster Planning Toolkit for People Living with Dementia (September 2018) <https://nadrc.acl.gov/>

- Helps people living with dementia, their family members, and their caregivers understand what to expect in the event of a disaster and how to prepare for it.



RESOURCES FOR OLDER ADULTS AND CAREGIVERS

- FEMA and American Red Cross, *Preparing for Disaster for People with Disabilities and other Special Needs*, August 2004, www.fema.gov/media-library/assets/documents/897
- Preparing Makes Sense for Older Americans. Get Ready Now. www.ready.gov/sites/default/files/documents/files/older_americans.pdf
- Personal Preparedness for Older Adults & Their Caregivers. <https://www.cdc.gov/aging/emergency/preparedness.htm>
- Ready.gov preparedness information for older adults. <https://www.ready.gov/seniors>
- NADRC Disaster Planning Toolkit for People Living with Dementia (September 2018). https://nadrc.acl.gov/sites/default/files/uploads/docs/12125NADRCdisasterplanToolkit_0.pdf

Contact Information

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