

Long-Term Services and Supports State Scorecard 2020 Edition – HCBS Conference Briefing December 8, 2020

ADVANCING ACTION

A State Scorecard on Long-Term Services and Supports for Older Adults, People with Physical Disabilities, and Family Caregivers



AARP Public Policy Institute

longtermscorecard.org

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Agenda

- LTSS Scorecard Overview
- High-Level Findings
- Nursing Home COVID-19 Dashboard
- Promising Practices
- Policy Levers
- Wrap Up/Q&A

Scorecard Overview

All data and graphics used in today's presentation can be accessed at:
www.longtermscorecard.org

What is the Scorecard?

- Compilation of state data and analysis
- Multidimensional approach to comprehensively measure state long-term services and supports (LTSS) system performance overall and within five different domains
- Puts state LTSS policies and programs in context, stimulates dialogue, and prompts action
- Focus is on state-level data because our country does not have a single national system to address LTSS needs
- Funded with the support of The SCAN Foundation and The Commonwealth Fund and has been updated every 3 years

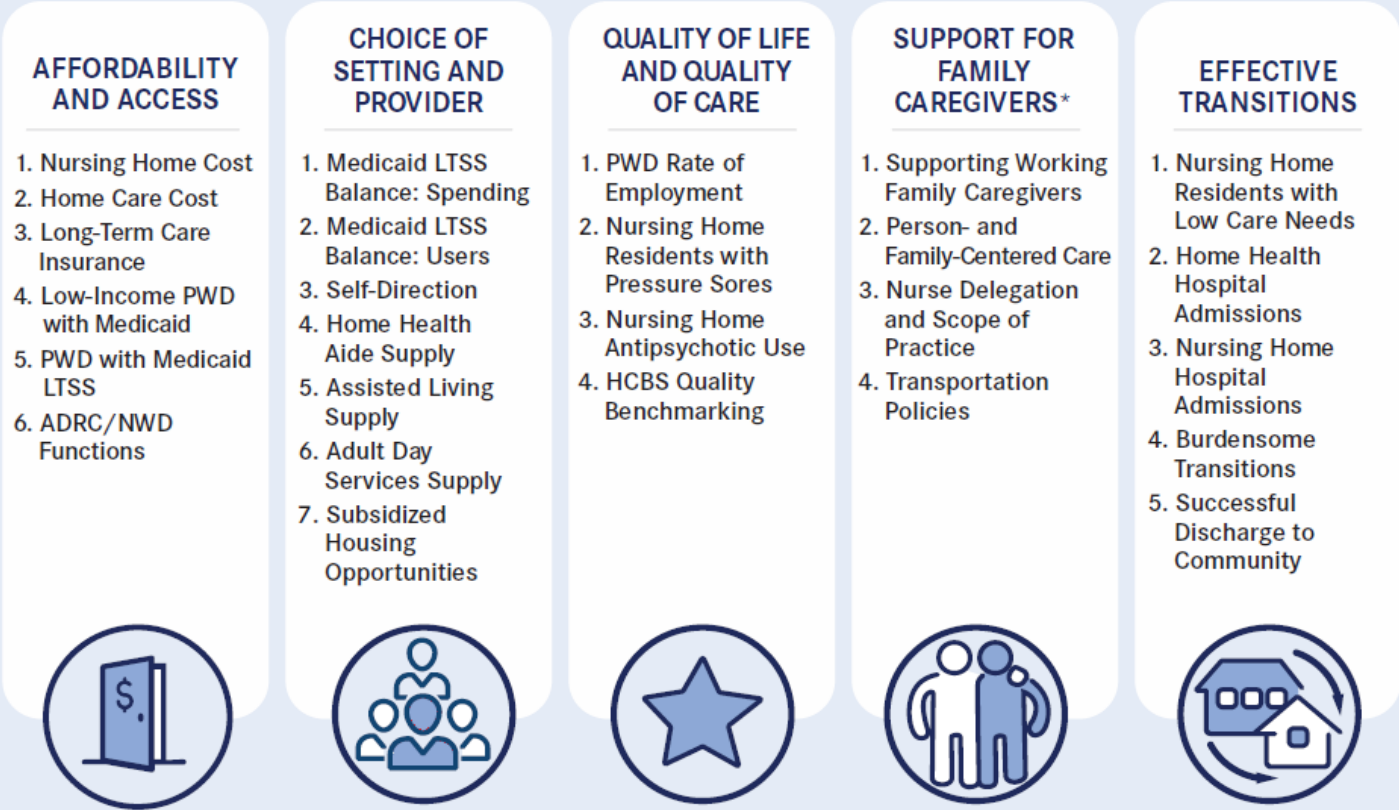
Goals of the Scorecard

- Raise the national level of performance for LTSS
- Help states:
 - Assess their LTSS systems across multiple dimensions of performance
 - Measure progress
 - Identify areas for improvement
 - Engage public and private sectors
 - Improve the lives of older adults, people with disabilities, and family caregivers

HIGH-PERFORMING LTSS SYSTEM

Five dimensions of LTSS performance, constructed from 26 individual indicators.

What do we mean by a “High-Performing LTSS System”?

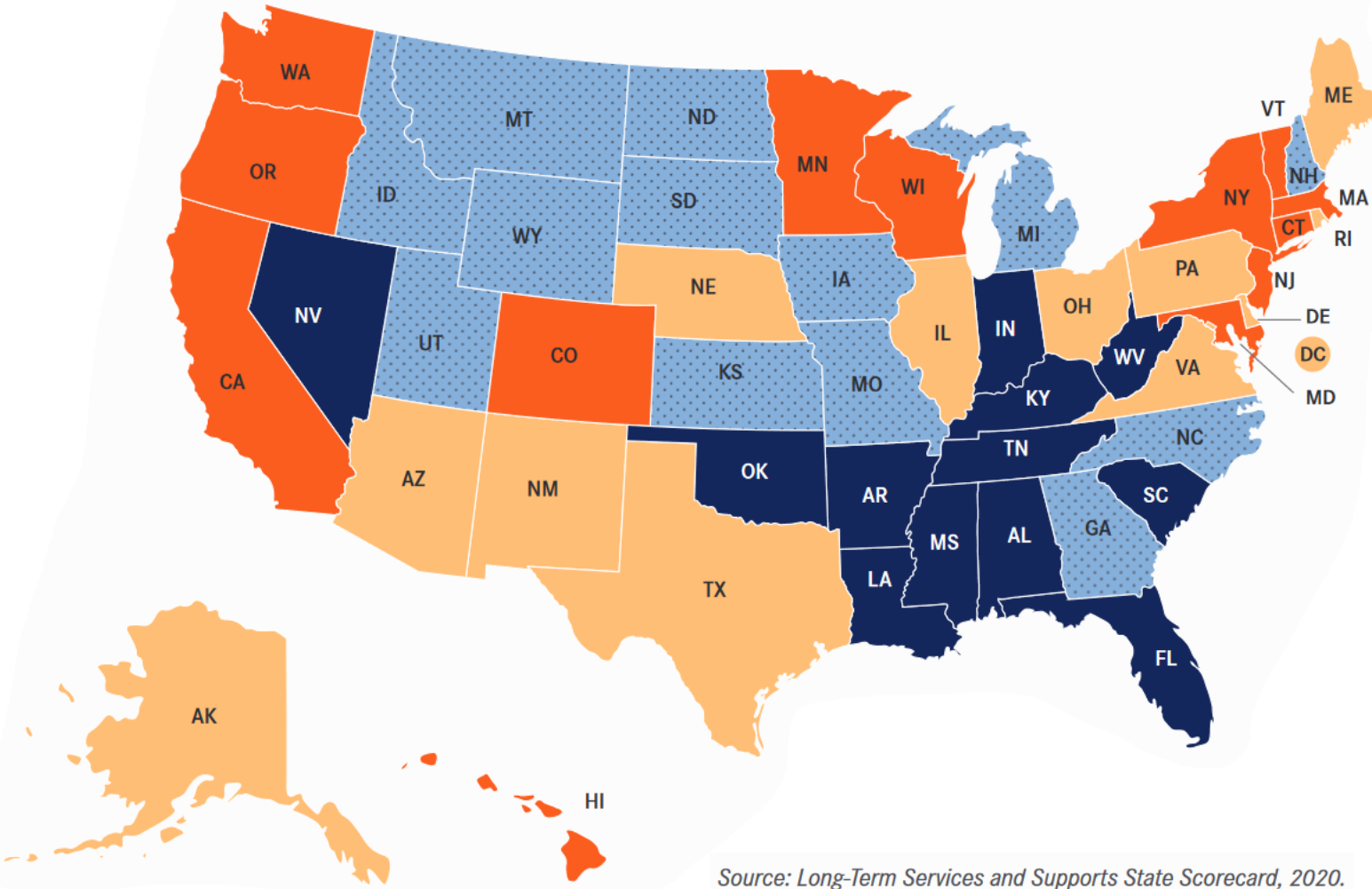


ADRC/NWD - Aging and Disability Resource Center/No Wrong Door
 HCBS - Home- and Community-Based Services
 LTSS - Long-Term Services and Supports
 PWD - People with Disabilities
 *Support for Family Caregivers Dimension evaluated across 12 individual policies, which are grouped into four broad categories.

High-Level Findings

EXHIBIT 2

2020 State Scorecard Summary of LTSS System Performance Across Dimensions—National Heat Map of All States and the District of Columbia



Source: Long-Term Services and Supports State Scorecard, 2020.

Overall LTSS system rankings by quartile

Overall LTSS Ranking

- Top Quartile
- Second Quartile
- Third Quartile
- Bottom Quartile

Note: Rankings are not entirely comparable to previous *Scorecard* rankings. Changes in rank may not reflect changes in performance. Measures may be different and improved performance can result in a lower rank if other states experienced greater improvement.



Real Possibilities

States made modest progress, but status quo dominates

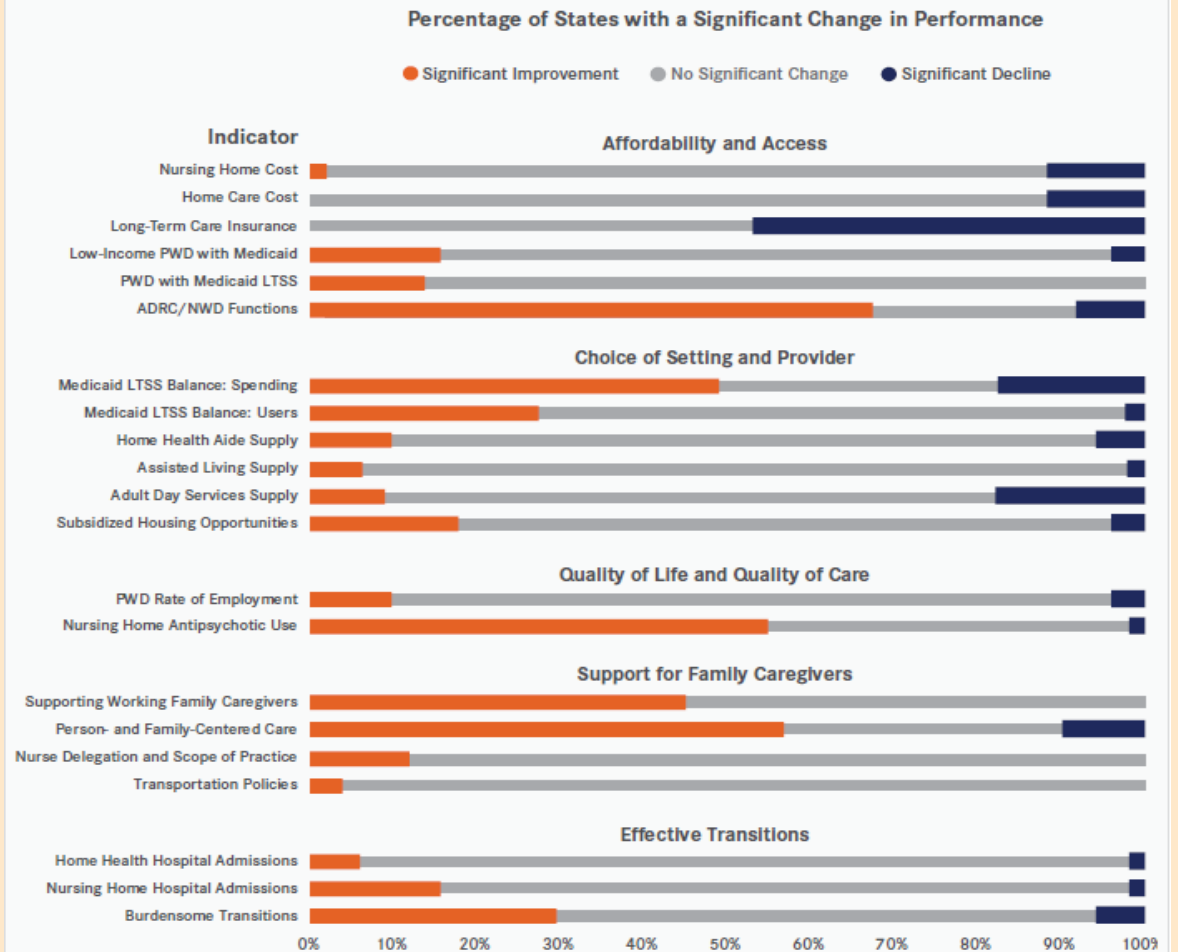
- Generally state performance has changed little for most indicators where performance could be measured over time
- Among 21 indicators, there were 15 in which more than 30 states (at least 60%) showed little or no change over the measurement interval (usually 3 years)
- Among the other 6 indicators
 - 5 had more than 20 states showing improvement
 - 1 had more than 20 states showing decline in performance

Five areas showing the most improvement

Significant Improvement:

- **Aging and Disability Resource Center (ADRC)/No Wrong Door (NWD) Functions** - 33 states improved
- **Medicaid LTSS Balance – Spending** – 25 states improved
- **Nursing Home Antipsychotic Use** - 28 states reduced use
- **Supporting Working Family Caregivers** - 23 states improved
- **Person- and Family-Centered Care** - 29 states improved

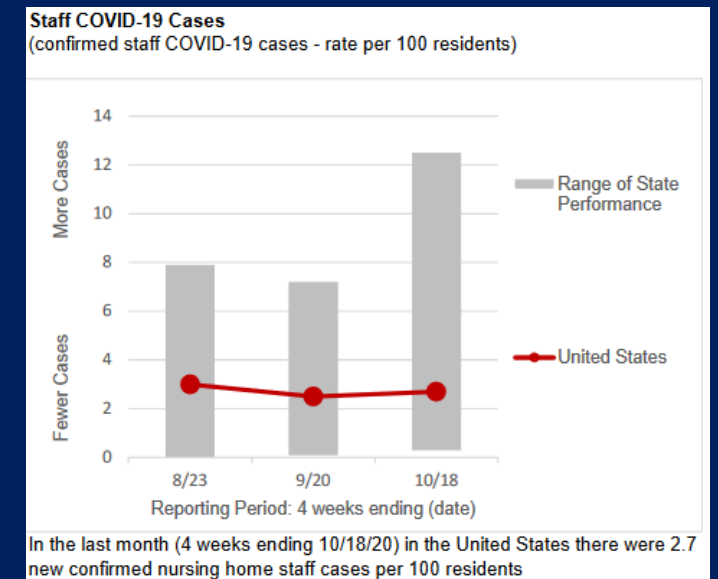
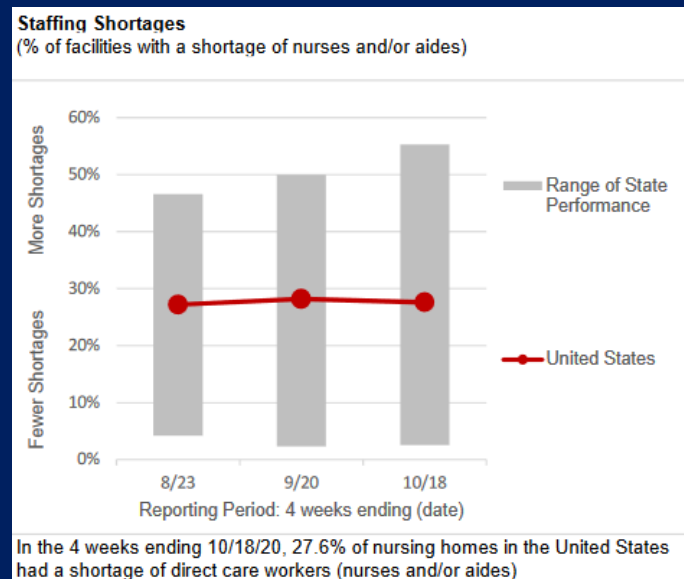
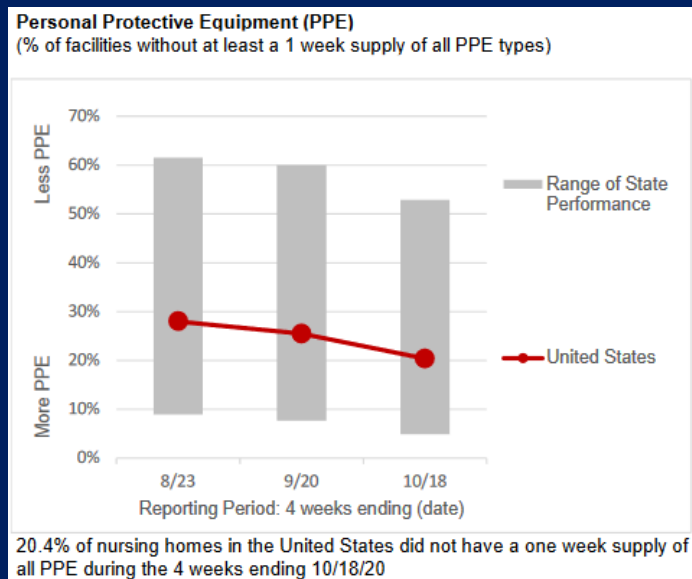
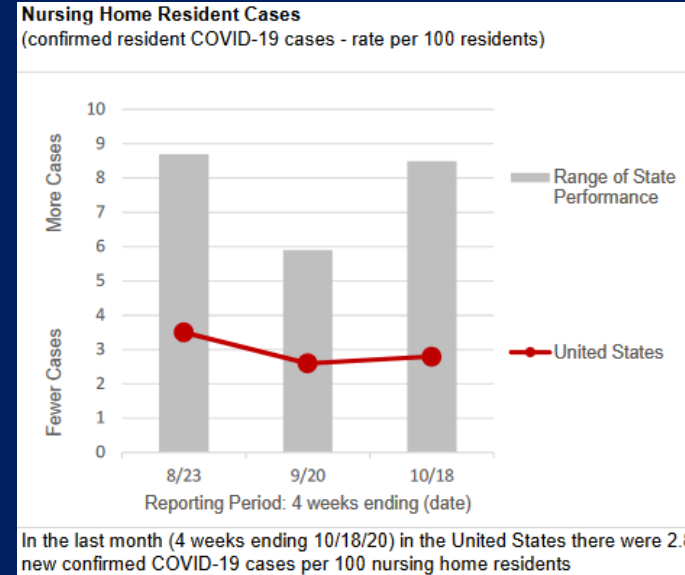
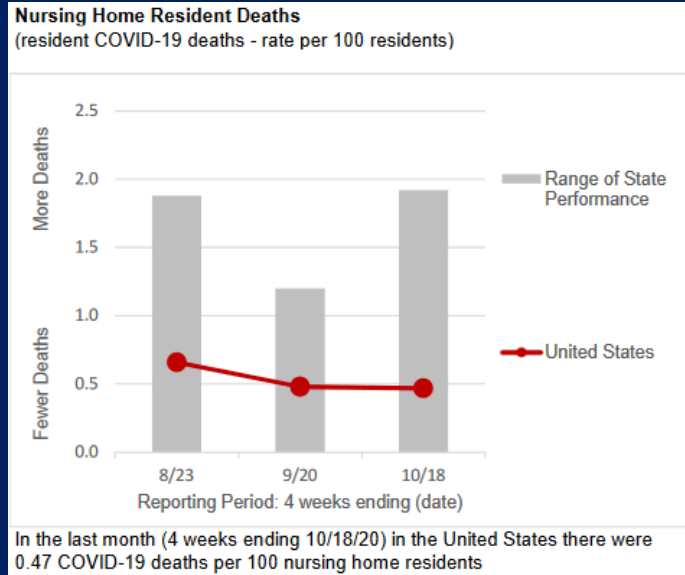
EXHIBIT 4 Change in State Performance by Indicator: Percentage of States



Improvement or decline means a significant change (usually +/- 10% or equivalent) since a reference data year (usually three years prior). For some measures, a revised baseline is used, as the indicator definition or data source may have changed since the last Scorecard. ADRC/NWD – Aging and Disability Resource Center/No Wrong Door. PWD – People with Disabilities.

Source: Long-Term Services and Supports State Scorecard, 2020.

Nursing Home COVID-19 Dashboard



Nursing Home COVID-19 Dashboard

AARP Nursing Home Covid Dashboard - United States National Fact Sheet

November 2020

Nursing Home Resident Deaths

		Low State	High State
Nursing home COVID-19 deaths (4 weeks ending 10/18/20)	5,114		
Rate per 100 residents	0.47	0.00	1.92
% of all COVID-19 deaths in state *	27%	0%	100%
Nursing home COVID-19 deaths (total since 6/1/20)	33,103		
% of all COVID-19 deaths in state *	29%	5%	71%
Nursing home COVID-19 deaths (total since January)	61,727		
% of all COVID-19 deaths in state *	28%	5%	59%

Nursing Home Resident Cases

	YES	NO	Low State	High State
Nursing homes with confirmed cases (4 weeks ending 10/18/20)	25.7%	74.3%	2.9%	54.5%
Nursing homes with confirmed cases (since January)	70.5%	29.5%	17.1%	94.4%
Confirmed nursing home resident cases (4 weeks ending 10/18/20)	30,788			
Rate per 100 residents	2.8		0.0	8.5
Confirmed nursing home resident cases (total since 6/1/20)	169,011			
% of all COVID-19 cases in state *	2.7%		0.2%	8.2%
Confirmed nursing home resident cases (total since January)	268,620			
% of all COVID-19 cases in state *	3.3%		0.3%	10.8%

Staff COVID-19 Cases & Deaths

	YES	NO	Low State	High State
Nursing homes with confirmed staff cases (4 weeks ending 10/18/20)	52.6%	47.4%	8.6%	90.8%
Confirmed staff cases (4 weeks ending 10/18/20)	29,907			
Rate per 100 residents	2.7		0.3	12.5
Confirmed staff cases (total since 6/1/20)	162,932			
% of all COVID-19 cases in state *	2.6%		0.7%	7.4%
Nursing home staff COVID-19 deaths (4 weeks ending 10/18/20)	111			
Rate per 10,000 residents	1.0		0.0	8.6
% of all COVID-19 deaths in state *	0.6%		0.0%	12.5%
Nursing home staff COVID-19 deaths (total since 6/1/20)	644			
% of all COVID-19 deaths in state *	0.6%		0.0%	2.5%

Personal Protective Equipment (PPE)

For the 4 weeks ending 10/18/20, the percentage of nursing facilities in which staff did not have a one week supply of

	Shortage	1+ week	Low State	High State
N95 masks	16.1%	83.9%	2.3%	47.0%
surgical masks	10.3%	89.7%	0.0%	42.4%
eye protection	9.3%	90.7%	0.0%	42.9%
gowns	11.8%	88.2%	1.9%	44.3%
gloves	6.6%	93.4%	0.0%	14.9%
all PPE (all 5 categories above)	20.4%	79.6%	4.9%	52.9%
hand sanitizer	5.6%	94.4%	0.0%	15.7%

Staffing Shortages

For the 4 weeks ending 10/18/20, the percentage of nursing facilities with a shortage of direct care workers

	Shortage	NO	Low State	High State
nurses	22.7%	77.3%	1.6%	47.6%
aides	26.0%	74.0%	2.4%	52.9%
nurses and aides	20.6%	79.4%	1.4%	44.4%
any shortage	27.6%	72.4%	2.6%	55.3%

Context Data

		Low State	High State
Statewide positivity rate ** (cumulative through 10/18/20 - not NH specific)	7.0%	1.1%	14.8%
Percent of nursing homes responding all 4 weeks ending 10/18/20	94.9%	83.6%	100.0%

Data Sources

All nursing home data are from the Centers for Medicare and Medicaid Services Nursing Home COVID-19 Public File (<https://data.cms.gov/stories/s/COVID-19-Report-Archived-Datasets/dyvx-s2qr/>; downloaded on 10/29/2020).

* Total deaths and cases in the state from USAFacts (<https://usafacts.org/visualizations/coronavirus-covid-19-spread-map/>; downloaded 11/2/2020). Numerator and denominator data for these indicators are from different sources, the ratio is capped at 100%.

** Data from COVID Tracking Project (<https://covidtracking.com/>; downloaded 11/2/2020).

Nursing Home COVID-19 Dashboard

- AARP Public Policy Institute debuted the dashboard in October in collaboration with Scripps Gerontology Center
- Snapshot of the infiltration of the virus in nursing homes and it's impact on residents and staff
- Updated data reported in four-week intervals
- Next dashboard release scheduled for December 10th
- Publicly available at:
 - <https://www.aarp.org/ppi/issues/caregiving/info-2020/nursing-home-covid-dashboard/>
 - Or simply enter “Nursing Home Dashboard” in your preferred search engine

Promising Practices

- ✓ ADRC/NWDs Improve Decision Making
- ✓ Presumptive Eligibility Increases Access to HCBS
- ✓ Self-Direction Increases Personal Choice and Control

ADRC/NWDs Improve Decision Making

- Formalize Statewide Governance
 - All health and human services state agencies involved and all populations represented
- Strengthen Person-Centered Counseling
 - Reach people of all income levels
 - Training and credentialing of counselors
 - Reach people with all types of disabilities
- Increase Coordination of Eligibility Processes
 - Reduce length of time from application to service initiation
 - Provide follow-up counseling to those found ineligible

Presumptive Eligibility Increases Access to HCBS

- Fast track delivery of HCBS services through presumed or expedited Medicaid eligibility determination
- Co-locate or cross-train functional eligibility, financial eligibility and waiver staff
- Conduct assessments at person's home to facilitate collection of required documents
- Account for financial risk: 1115 waivers, dedicated state funds, managed care entities

Self-Direction Increases Personal Choice and Control

- Continue expanding availability for all populations
- Enhance flexibility and minimize restrictions
- Offer self-direction option to participants enrolled in traditional waivers (feeder programs)

Policy Levers

Build on Existing or Initiate New Strategic Planning Capacities

- ✓ Master Plans for Aging
- ✓ State Long-Term Care Plans
- ✓ Age-Friendly Initiatives (e.g. New York, D.C. Maine)
- ✓ Issue Specific Task Forces/Workgroups

Policy Levers

- State Legislative/Budget
- State Bonding
- Enhance Data Collection on Key Consumer Outcomes (e.g. Nursing Home Dashboard)
- Executive Orders
- Leverage Medicaid Flexibilities & Pilot Programs

Q & A

Official site of the Long-Term Services and Supports State
Scorecard: <http://www.LongTermScorecard.org>

Email: LongTermScorecard@aarp.org

