



TEXAS
Health and Human
Services

Innovative Solutions for Diverse Needs

Using Research to Develop Interventions and Resources

Holly Riley, Manager
Olivia Burns, MSW
Office of Aging Services Coordination

Older Adults in Texas

- One of the fastest growing populations:
 - 2020: 5.5 million Texans 60+
 - 2030: Projected 7.2 million 60+
- Nearly 40% of Texans 65+ have four or more chronic conditions
- 11% of adults 65+ living in poverty
- 17% adults 85+ live in rural areas



Sources: U.S. Census Bureau. American Community Survey (ACS) for Texas; American Health Rankings for Texas



TEXAS
Health and Human
Services

Texas Health and Human Services Commission

HHSC is the designated State Unit on Aging for Texas.

HHSC oversees:

- eligibility determination
- system planning and evaluation
- policy development and rule-making
- Ombudsman services
- **aging programs**
 - **Aging Services Coordination**



TEXAS
Health and Human
Services

Aging Services Coordination

- Connecting and coordinating HHSC aging services and programs
- Raising awareness of aging issues and available resources
- Building partnerships to enhance and expand existing resources
- Assessing state and local capacity
- Creating innovative programs to meet needs



TEXAS
Health and Human
Services

Identifying Needs & Trends

AGING TEXAS WELL



TEXAS
Health and Human
Services

Texercise



A statewide health promotions initiative to educate and involve individuals and communities in physical activities and proper nutrition.



TEXAS
Health and Human
Services

Age Well Live Well

Age Well Live Well is a campaign that provides resources and tools to help individuals and local communities address the challenges associated with aging and create opportunities for living well.



TEXAS
Health and Human
Services



- Be Healthy
- Be Connected
- Be Informed

Opioid Awareness

- State Opioid Response Grant (SAMHSA)
- Enhance AAA services
- Builds capacity between AAA and SUD networks



First Responder Training

- Six-module training
- Partnered with SMEs
- Tailored for different populations



TEXAS
Health and Human
Services

Texas Talks

- Worksite-based campaign encourages aging related conversations
- Four conversation topics each holiday season
- Easy to implement



TEXAS
Health and Human
Services

LTCF Volunteer Management

Volunteer management toolkit features:

- Volunteer Immersion Training
- Volunteer management training and resources



TEXAS
Health and Human
Services



TEXAS
Health and Human
Services

Thank you

AgeWellLiveWell@hhsc.state.tx.us