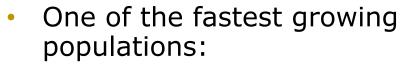


Innovative Solutions for Diverse Needs

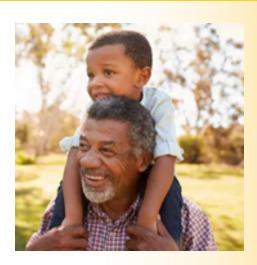
Using Research to Develop Interventions and Resources

Holly Riley, Manager
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Office of Aging Services Coordination

Older Adults in Texas



- 2020: 5.5 million Texans 60+
- 2030: Projected 7.2 million 60+
- Nearly 40% of Texans 65+ have four or more chronic conditions
- 11% of adults 65+ living in poverty
- 17% adults 85+ live in rural areas







Sources: U.S. Census Bureau. American Community Survey (ACS) for Texas; American Health Rankings for Texas

Texas Health and Human Services Commission



HHSC is the designated State Unit on Aging for Texas.

HHSC oversees:

- eligibility determination
- system planning and evaluation
- policy development and rule-making
- Ombudsman services
- aging programs
 - Aging Services Coordination

Aging Services Coordination

- Connecting and coordinating HHSC aging services and programs
- Raising awareness of aging issues and available resources
- Building partnerships to enhance and expand existing resources
- ☐ Assessing state and local capacity
- Creating innovative programs to meet needs

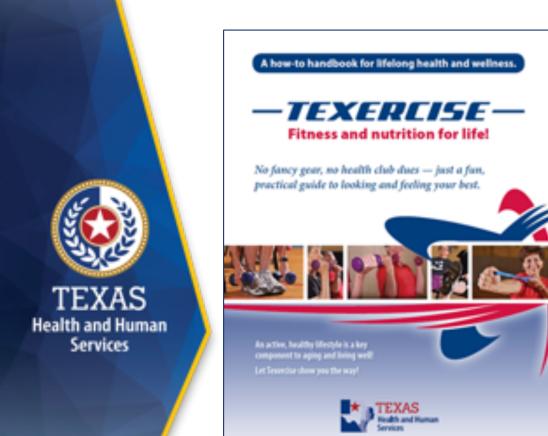


Identifying Needs & Trends





Texercise



A statewide health promotions initiative to educate and involve individuals and communities in physical activities and proper nutrition.

Age Well Live Well

Age Well Live Well is a campaign that provides resources and tools to help individuals and local communities address the challenges associated with aging and create opportunities for living well.



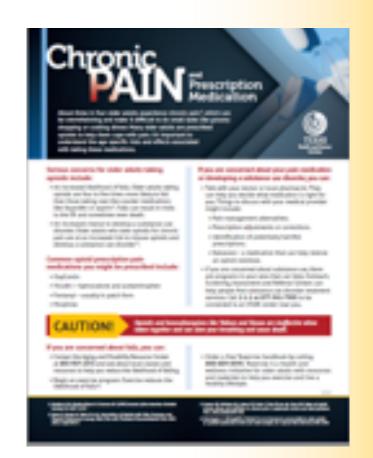
- Be Healthy
- Be Connected
- Be Informed



Opioid Awareness



- State Opioid Response Grant (SAMHSA)
- Enhance AAA services
- Builds capacity between AAA and SUD networks



First Responder Training



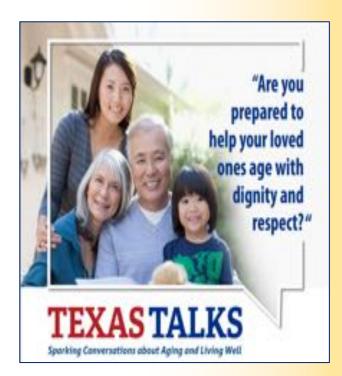
- Six-module training
- Partnered with SMEs
- Tailored for different populations



Texas Talks



- Worksite-based campaign encourages aging related conversations
- Four conversation topics each holiday season
- Easy to implement







- Volunteer Immersion Training
- Volunteer
 management
 training and
 resources







Thank you

AgeWellLiveWell@hhsc.state.tx.us