

NAB | NATIONAL ADVISORY BOARD

**Communities On The Move
Inclusion through Advocacy, Policy, & Practice**



**Home and Community-Based Services (HCBS) Conference
December 9, 2021
2:15pm – 3:30pm ET**

Today's Panelists

Merrill Friedman, RVP Inclusive Policy & Advocacy, Anthem Inc.

Lex Frieden, Professor of Biomedical Informatics and Rehabilitation,
University of Texas Health Science Center at Houston

Jeff Hughes, Executive Director, Progressive Independence

Sandy Markwood, CEO, USAging

Michelle Putnam, PhD, Professor Simmons University School of Social Work

National Advisory Board Members

Lex Frieden (Convener)

Professor of Biomedical Informatics and Rehabilitation, University of Texas Health Science Center at Houston Professor of Rehabilitation, Baylor College of Medicine Director, Independent Living Research Utilization, a program at TIRR Memorial Hermann

Billy Altom

Executive Director, Association of Programs for Rural Independent Living (APRIL)

Julia Bascom

Executive Director, Autistic Self Advocacy Network (ASAN)

Kathy Brill, MEd, MPS

Principal, Brill Consulting

Charles Christiansen, EdD

Former Executive Director, American Occupational Therapy Foundation Clinical Professor, the University of Texas Medical Branch at Galveston

Yanira Cruz

President and CEO, National Hispanic Council on Aging (NHCOA)

Berthy De La Rosa-Aponte, MA

Former Member, President's Committee for People with Intellectual Disabilities Former Chair, U.S. Ticket to Work and Work Incentives Advisory Panel

Sita Diehl

(Fmr.) Director, State Policy and Advocacy, National Alliance on Mental Illness (Ret.)

William H. Graves, EdD

Former Dean of Education and Professor of Educational Leadership and Counseling, Old Dominion University's Darden College of Education Former Director, National Institute on Disability and Rehabilitation Research (1990-92)

Jeff Hughes

Executive Director, Progressive Independence

Leonard Kirschner, MD, MPH

Member, Arizona State Medicaid Advisory Committee Former Director, Arizona Health Care Cost Containment System (1987-1993)

Sandy Markwood

CEO, USAging

Cynthia Overton, PhD

Director of Tech Workplace Initiatives, The Kapor Center

Michelle Putnam, PhD

Professor, Simmons University School of Social Work

John Tschida

Executive Director, Association of University Centers on Disabilities (AUCD)

About Our Partnership

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Anthem[®]

NAB Six Foundational Principles 2020

PRINCIPLE 1 | Improve Health and Wellbeing through Individual Empowerment and System Coordination

Empower people to manage their health and wellness with their chosen support network, healthcare and service providers, and communities, regardless of a person's condition or perceived capabilities

PRINCIPLE 2 | Achieve Community Inclusion and Full Participation

Expedite access, choice and full integration into meaningful activities of community living (social, economic, educational, and recreational) by providing and coordinating necessary services and supports

PRINCIPLE 3 | Ensure Full Access to Services and Supports

Revise and strengthen policies and programs to provide affordable, flexible access to the services and supports people need to live independently

PRINCIPLE 4 | Value Dignity and Choice

Valuing and ensuring dignity, personal strengths, and self-determination must be core to successful and sustainable long-term services and supports

PRINCIPLE 5 | Achieve Access to Meaningful Work and Activities

Achieve full community participation in valued roles and equitable access to competitive integrated employment or other meaningful activities

PRINCIPLE 6 | Accelerate Access to Innovative Technologies

Ensure that people with disabilities and older adults are key stakeholders and fully involved in the development of new technologies, and have the necessary technologies that support independence, social participation, dignity and self-direction

Q & A
