

Presented by:
Bob Sattler, SDA
Patrick Lane,
Intellectability

MOVING PERSON CENTERED PRACTICES FORWARD BY CONNECTING TECHNOLOGY

WHAT IS EXPECTED BY THE HCBS RULE...

In our systems of services and supports people are expected to have choices regarding:

Where they live

Who they live with

What they do with their time

What they do with their resources

What services and supports they receive

Who provides the services and supports



THE CORE CONCEPT FOR PERSON-CENTERED PRACTICES: IMPORTANT TO AND IMPORTANT FOR

Finding a balance between important to and important for

Considering how important to and important for are connected



DEFINING THE CORE CONCEPT

Important To

- Includes those things in life which help us to be satisfied, content, comforted, fulfilled, and happy, such as
 - People to be with/relationships
 - Culture & Identity
 - Purpose & Meaning
 - Status & Control
 - Things to do/Places to go
 - Rituals & Routines
 - Rhythm/Pace of life
 - Things to have

Important For

- Issues of *health*
 - Prevention of illness
 - Treatment of illness / medical conditions
 - Promotion of wellness (e.g.: diet, exercise)
- Issues of safety
 - Environment
 - Well being ---- physical and emotional
 - Free from Fear
- What others see as necessary for the person to
 - valued
 - Be a contributing member of their communities

THE PANDEMIC HAS CREATED AN OPPORTUNITY TO EVOLVE THE SERVICE SYSTEM

It's created accessibility

Improved strategies to provide training and technical assistance

Increased collaboration and real time changes

PERSON CENTERED THINKING IN A REMOTE ENVIRONMENT

Person Centered Thinking (PCT) is a training to help people change the lens they look through in supporting others

It is a 2-day experiential training, designed to understand how it feels when someone has a loss of control over his/her/their life

It shifts our thinking to support someone from a Power With approach

Provides skills to learn, act and improve the balance of what is Important To and Important For someone

The Learning Community
for person centered practices

BENEFITS OF REMOTE PCT TRAINING

No travel to
attend

Variety of
participants and
knowledge
base

Interactive

Still experiential

Measure
retention

COMMON LEARNING THEMES

What was liked

- Break out Rooms
- Annotate
- Maintained interactive activities
- Co-trainers
- Frequent breaks
- Group Apps (Padlet, Group Map, Google Forms)

What was not liked

- Handout Materials
- Participant access to technology
- Lack of personal connection in a virtual setting

Changes Made

- Address time increase
- Interactive Apps
- Improve handouts
- Clarity of expectations (both trainer and participant)
- Connection between sessions

CONNECTING THE LEARNING TO APPLICATION

Person Centered Plan Development with an electronic Person Centered
Description (ePCD)

PCD: WHAT MATTERS MOST



What/Who/Where
are Important To the
person and why



How we have
negotiated support
to help with
Important To



Who is in their social
network



How the person
communicates with
and without words



Who is a good match

PCD: USES



Service Plans



New Staff Orientation



Respite Care



Information can quickly be pulled from it to create One Page Descriptions for specific situation

A new job
Medical appointments
Social activities



So much more- Get Creative! 😊



PCD: WHY IT WORKS!

Concise- No data mining

Organized – Consistent

Common Language

Always current

PCDs have been around for decades and we *KNOW* they work, when they are used. The biggest barrier to them being used has been accessibility.

THE E-PCD: ACCESSIBILITY MADE EASY

Let's take a Look

DENNIS: A SUCCESS STORY

- Outgoing and Friendly (Like and Admire)
- Loves football and tech (Important To)
- Needs help with NFL Stats and socializing (How to Support)
- He is very close to his brother who played college football (Relationship Map)
- Others know he's overwhelmed and what to do when he's watching football and talking fast (Communication Chart)
- Matched with Kim who knows everything about the NFL (Matching)
- Dennis' had a goal to develop a Fantasy Football Team



QUESTIONS?

FOR MORE INFORMATION

- Bob Sattler
 - Support Development Associates
 - bob@sdaus.com
 - www.sdaus.com
- Patrick Lane
 - Intellectability
 - Patrick@replacingrisk.com
 - www.replacingrisk.com

